FENG SHUI REPORT

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The Brief

To Use Upstairs Rooms Well
Upstairs Rooms Interior Ideas
To achieve good health and healthy routines
To build enough wealth to retire early
To apply Feng Shui Cures
Youtube Video of House RightMove Listing

Moved into the house: May 2021

Birth Year of the House: Between 1950 and 1966
Land transferred from Beds County council to private owner in 1947
Likely to be a period 5 house
Rear extension 2013 – Period 8
Side extension 2014 – Period 8

What is Feng Shui?

"The classical practice of feng shui evolved to make an exacting detailed observation of the natural and man-made environment. In recent times a parallel consideration is the way the earth's energy affects places, and how they in turn influence their occupants."

The Feng Shui Society

Read More about the History of Feng Shui

Your life is influenced by

The energy of the day from dawn (Yin) through mid-day (Yang) to dusk (back to Yin)

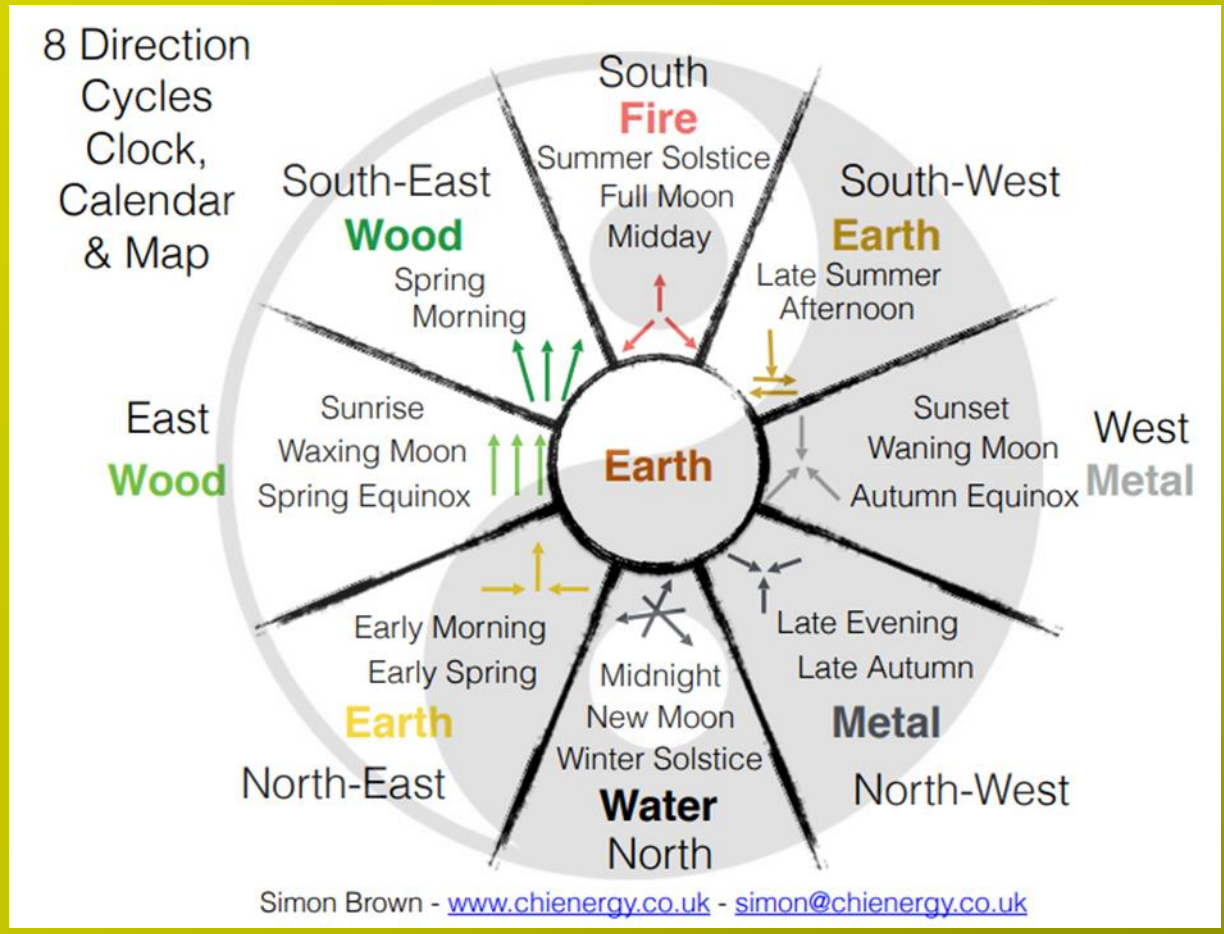
The season from Spring (Yin) to Summer (Yang) through to Winter (back to Yin)

The direction, situation and birth date of your home

The colours, shapes, textures, objects and images you surround yourself by

Your birthdate

What you eat and your daily habits



Satellite view of area, dropper indicates property

Location of the House

The facing direction is North East 38 degrees. Also known as the Phoenix. The house is at the end of a quiet cul de sac. Energy from traffic and people will be quite calm (Yin). The back garden backs onto gardens of other houses, and is therefore also quite Yin. The village is surrounded by countryside within a few minutes walk. Good access to wood energy, on walks with your dog.

Direction of the House

The facing direction according to compass reading is 38 degrees NE on the border between NE1 and NE2.

Google Maps shows the property to be more facing NE1.

Compass overlaid on satellite view

Phoenix and Turtle

The Phoenix provides your view and vision for the future. Your Tortoise gives protection behind, and the Dragon and Tiger protect from the sides

This house has an open Phoenix at the front with a long view across an open grass area. This is good for good vision of the future.

The Turtle to the property is a long way from the house with tall trees all around, but with some view of the houses behind at one small point. This small gap in the Turtle would benefit from some taller planting. Behind the house there is a rockery and a shed which strengthen the turtle.

The Dragon is strong with a tall hedge. And the Tiger is strong with the semi-detached house on this wall and tall trees all the way down to the end of the property

View of Back Garden

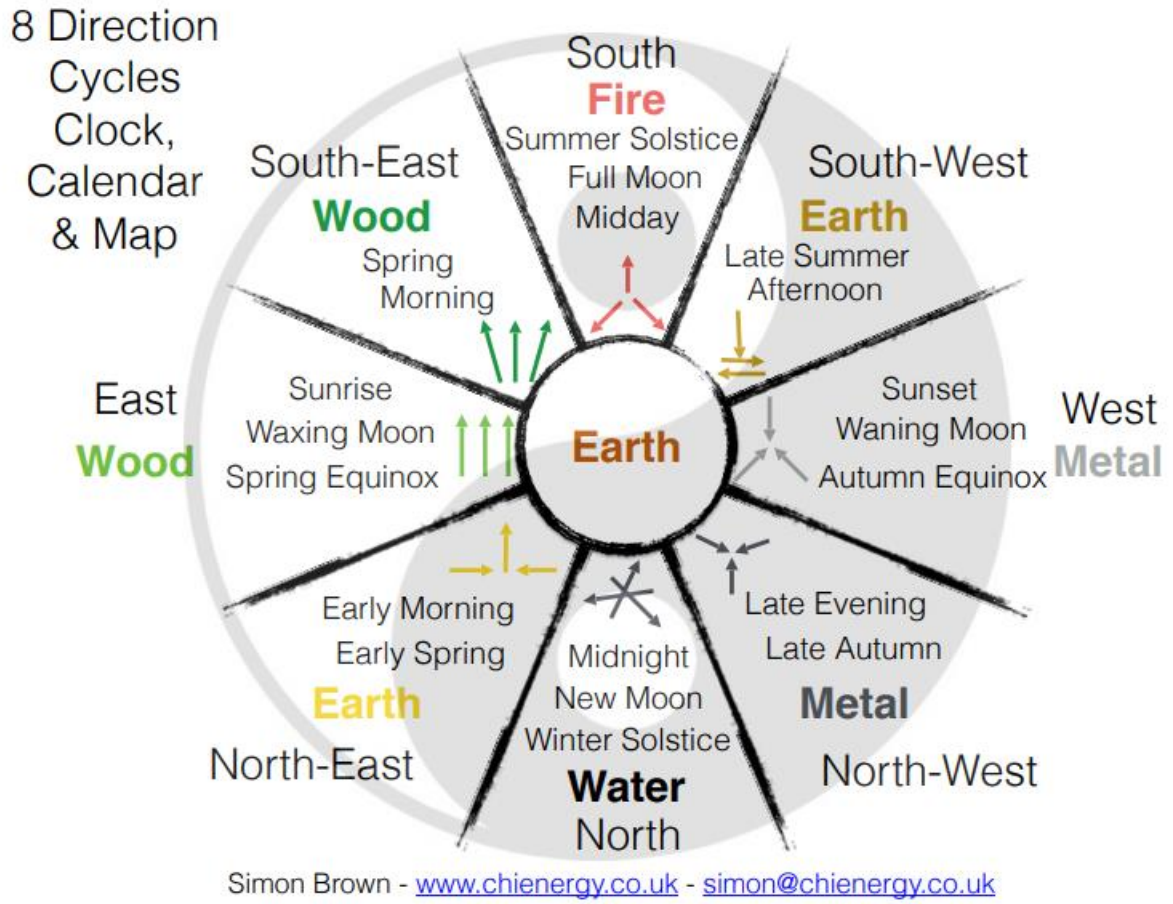
Phoenix viewed from front rooms

Aerial view of property and plot

The Eight Directions Explained

In your Feng Shui consultation, you will hear much about the 8 directions which you will find on any compass. These directions relate to the way the sun moves around during the day from rising in the East to setting in the West (the Clock). They relate to the time of year from Spring through to Winter (the Calendar) and to the physical direction of space (the Map).

Each of the directions relates to one of 5 elements, Water, Wood, Fire, Earth and Metal. In Feng Shui we study the impact of the 8 Directions and the 5 Elements on our success and happiness. Strong presence of a particular element can be harnessed to further our goals. Too much of one element in our lives, or an element in the wrong place, can easily affect our success, and yet also can be remedied. Feng Shui is the art of interpreting the presence of these elements in our environment and using them for the benefit of ourselves and others.



Note: Sometimes your report will talk about connecting energies. For example if Wood and Earth energy are present in a room, it may need the Fire element between to connect those energies.

Your Best Facing Directions For Sleeping and Sitting

Your facing directions are determined by your birth date. This determines whether you are part of an East Facing Group or a West Facing Group. You should choose, as much as possible to sit facing one of your best directions. When asleep you should sleep as best as possible with the top of your head facing in one of your best directions.

J (f) Your best facing directions are West Group
Where possible face
North East, West, North West or South West

J (m) Your best facing directions are East Group
Where possible face
East, South east, North or South

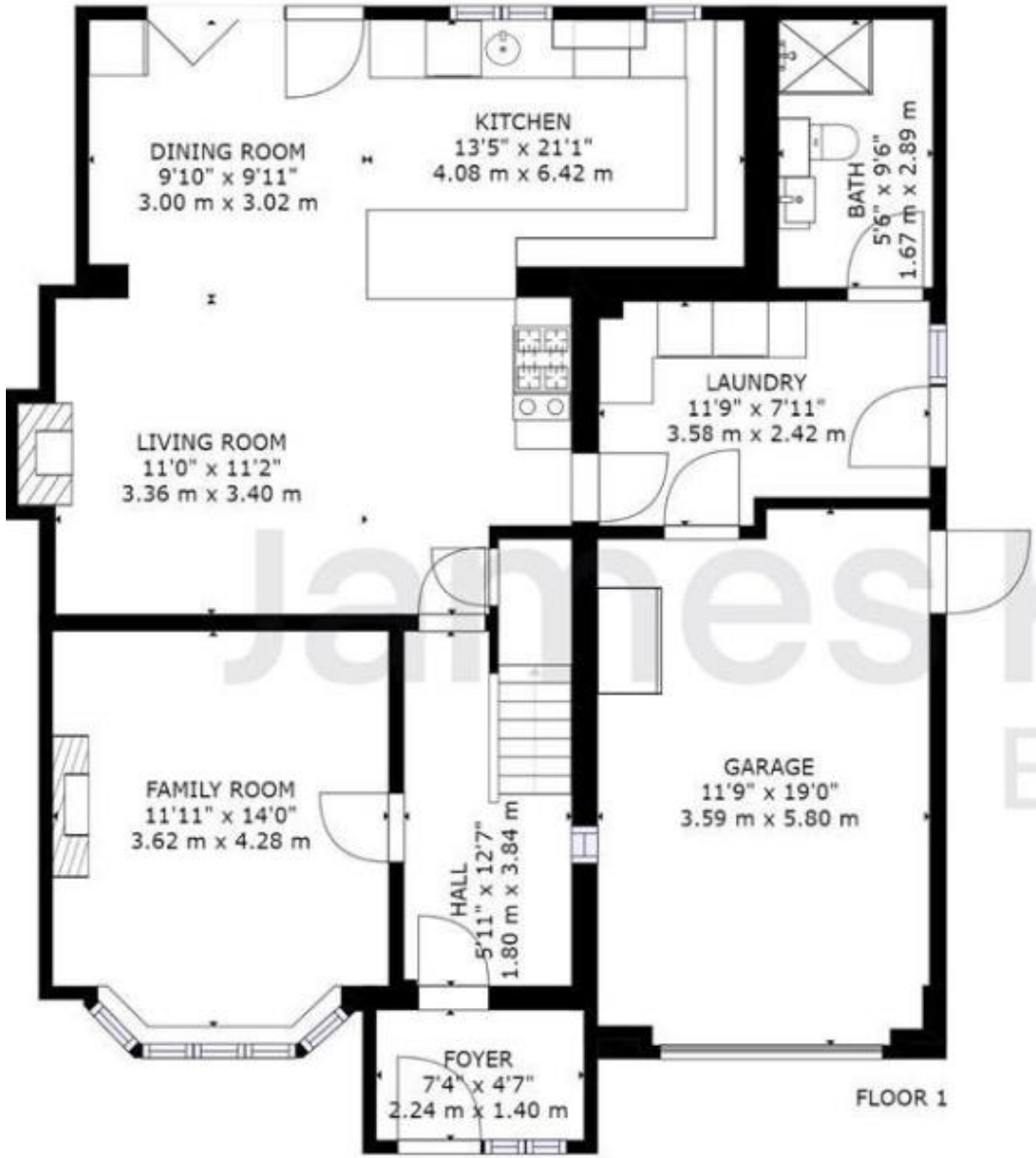
Best directions will be discussed in various parts of this the report.

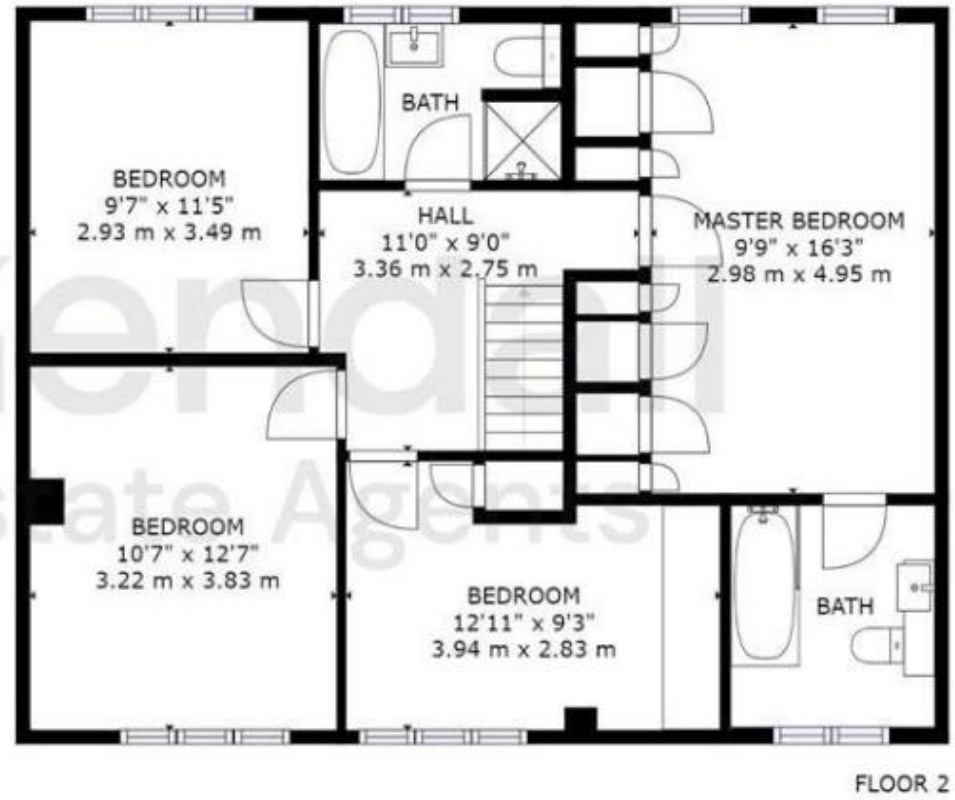
Key Dates:

J (f) Birthdate: 03/02/1997
9 Ki: 4 year, 6 month
Kua 2: West Facing

J (m) Birthdate: 29/01/1992
9 Ki: 9 year, 3 month
Kua: 9 East Facing

Internal Floor plans – Street side at top



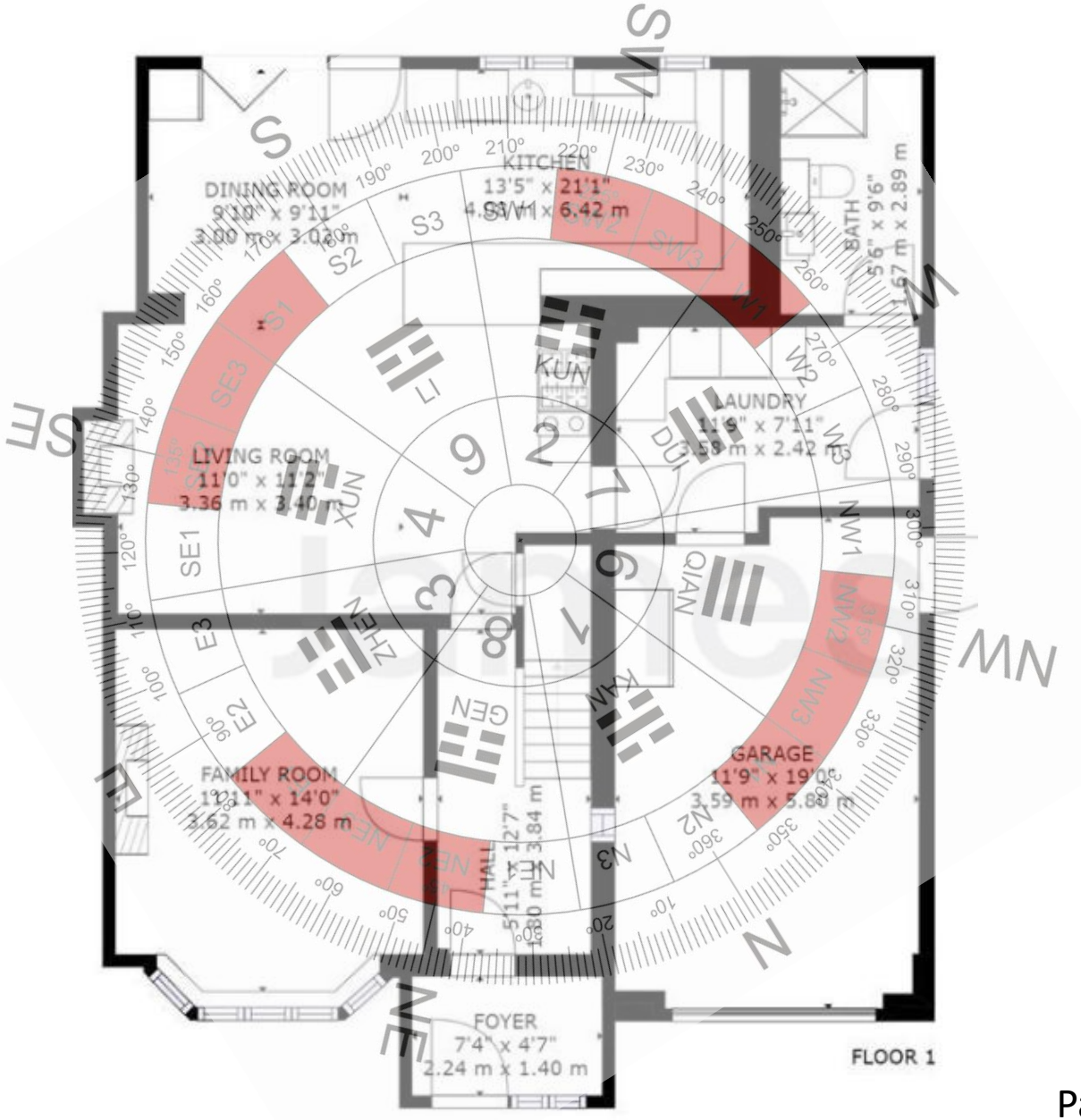


JamesKendall Estate Agents

The Eight Directions Downstairs

This shows the compass Directions overlaid onto your floor plan. This shows you the directions as they relate to your home. The rest of this report will make references to these directions.

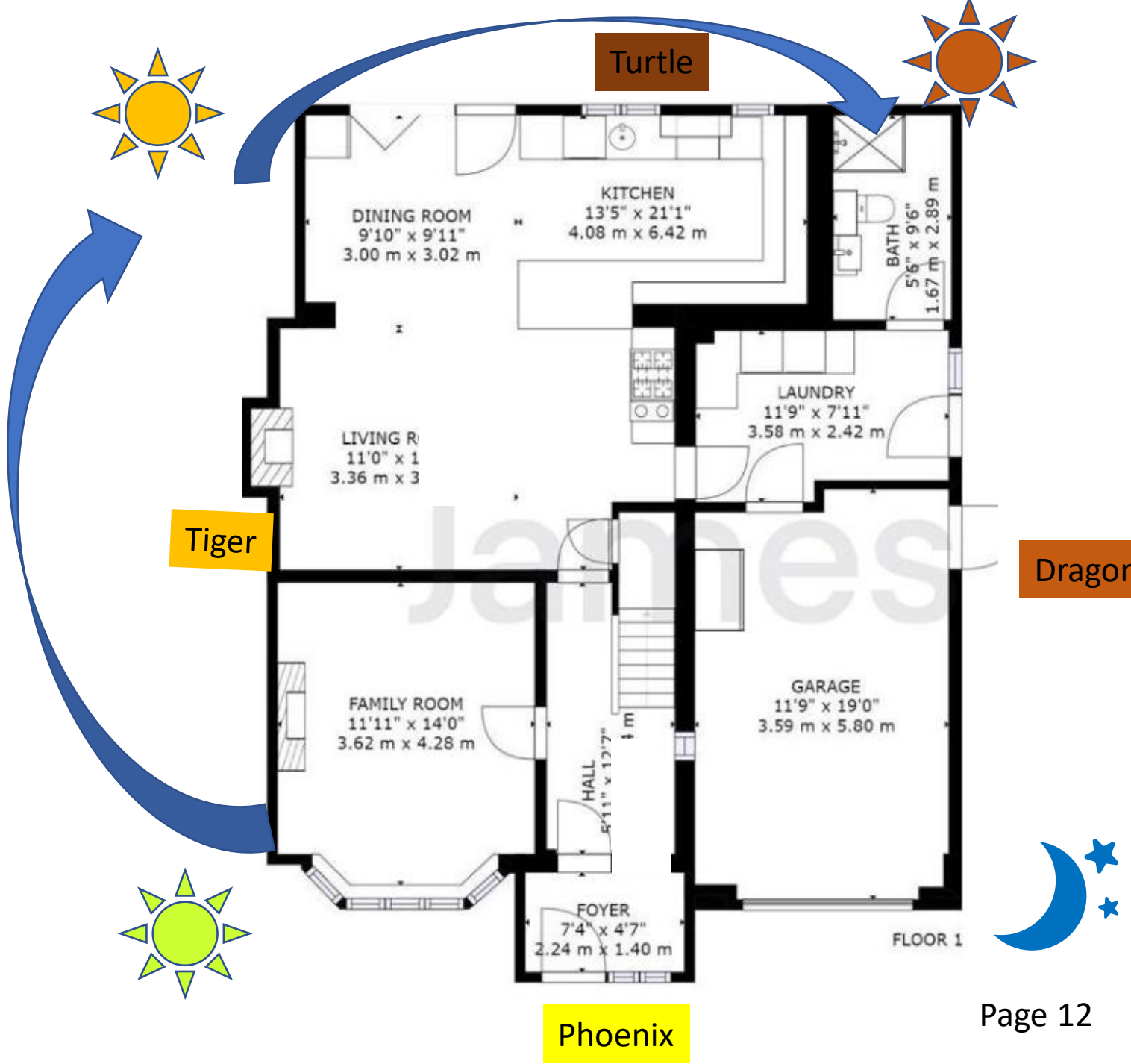
The Family Room (known later as Winter Living room) and Foyer face North East, as will the future Games Room (now garage) whilst the Main Living Room, Dining Room and Kitchen face South West, but will also get considerable South Energy. The use of downstairs rooms and decoration is already set. So scope downstairs is mainly for accessorising to achieve optimum energy.



Movement of the Sun Downstairs

The sun starts to rise coming into the Family room (winter living room). The front of the house will have a calmer Yin energy, and some of the motivational waking up energy of the sunrise in the East.

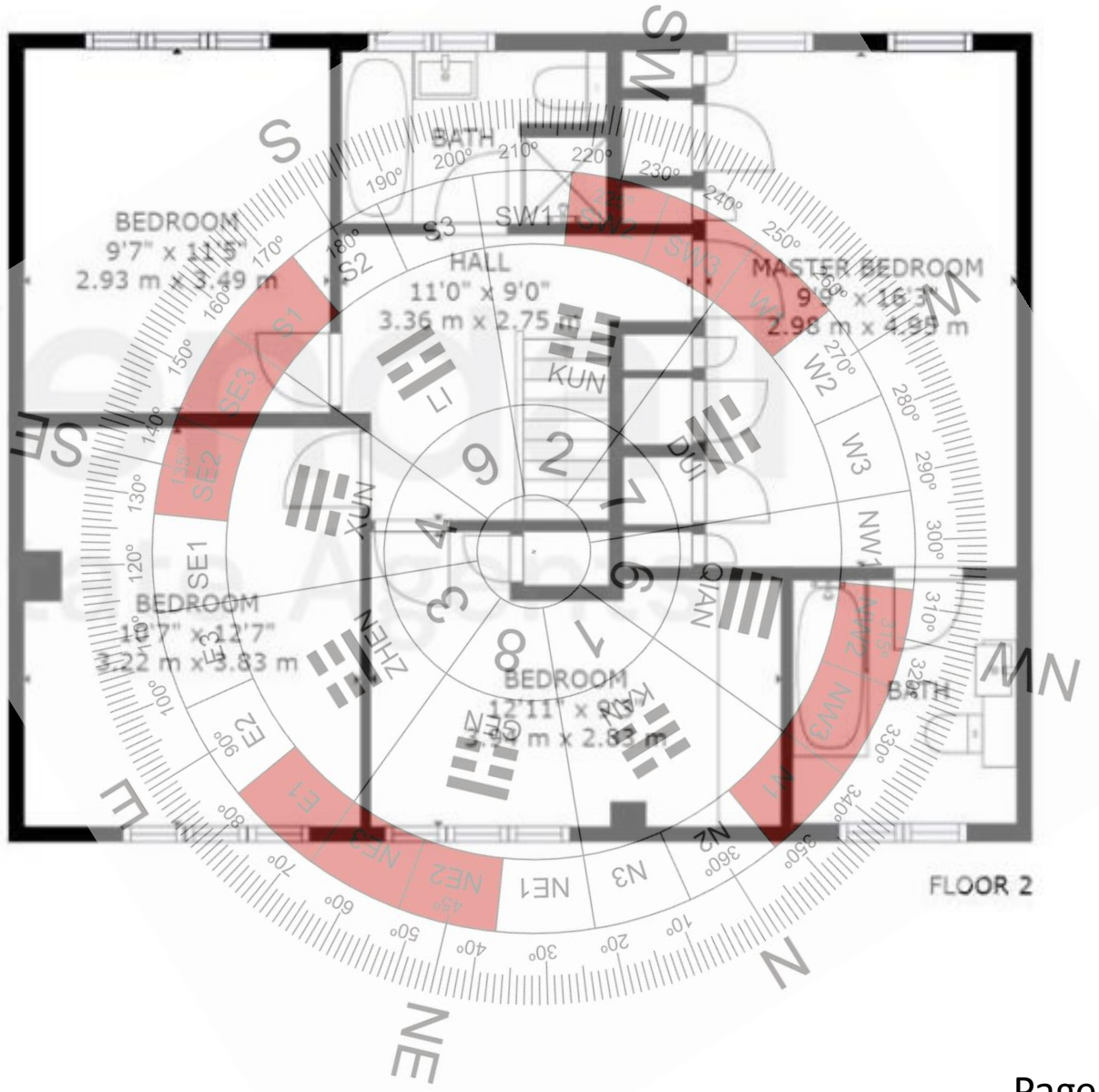
The sun moves around during the day to the attached side of the house. From mid-day onwards the sun will start to peep into the dining room, as it makes it's way to setting in the West to the right of the kitchen window. This makes the back of the house have a faster (Yang) energy. The large garden enjoys sun all day, and is ideal for enjoying day-time fire energy, and enjoying sunsets in the evening.



The Eight Directions Upstairs

This shows the compass Directions overlaid onto your floor plan. This shows you the directions as they relate to your home. The rest of this report will make many references to these directions.

The upstairs has four bedrooms. The Master Bedroom and one other bedroom face South West, with the smaller of these having more Southerly energy. Two bedrooms face North East, as does the en-suite to the master bedroom. The landing has no window, apart from a skylight overhead. As there are no children, only one upstairs room is needed as a master bedroom. The upstairs has also not yet been decorated. So there is considerable scope for discussion of use of rooms and design.

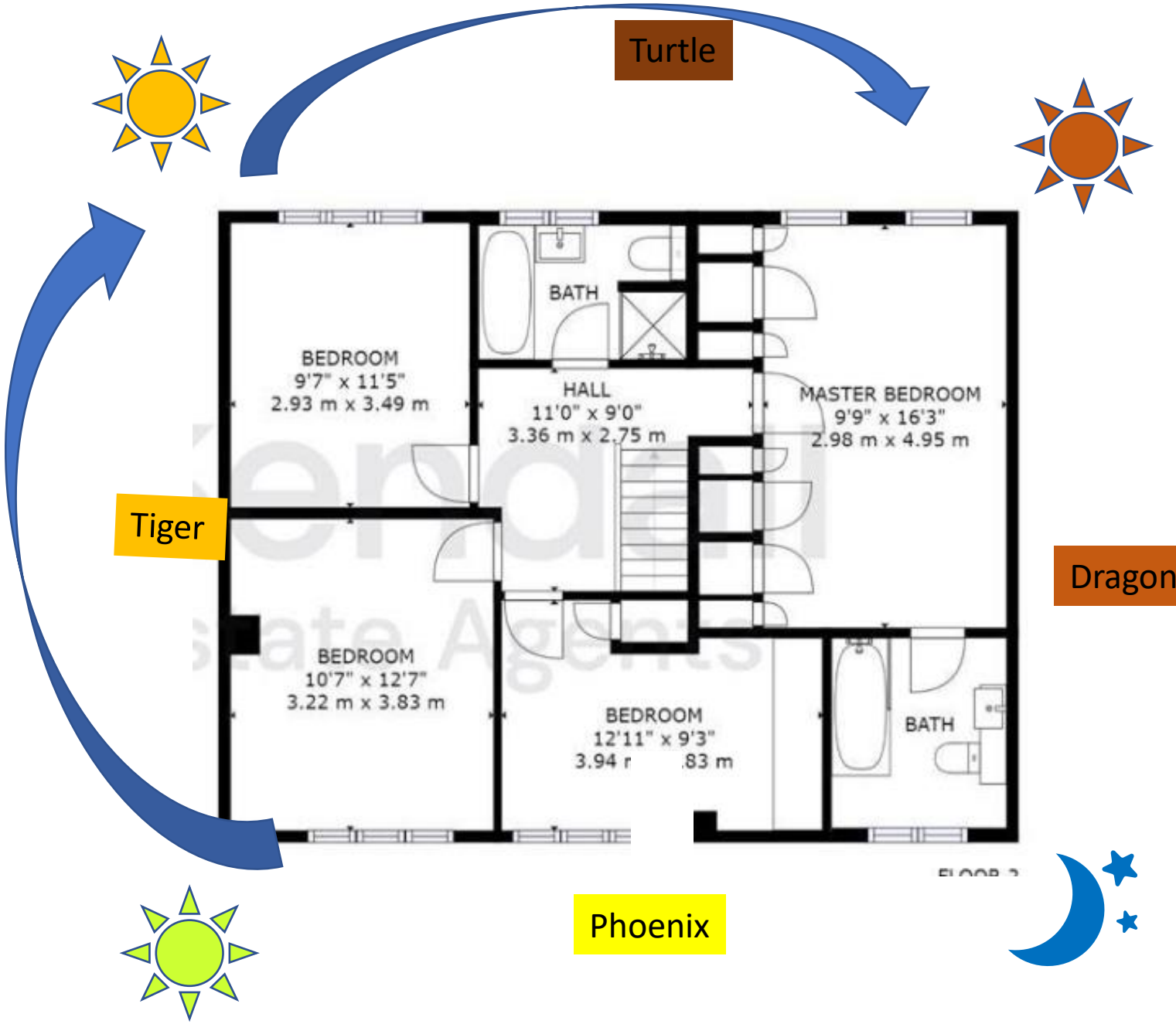


Movement of the Sun Upstairs

The front bedrooms will enjoy the night-time energy of the North East, and yet will still get some Eastern energy of the rising sun. This makes the front of the house a great place for sleep, and yet also motivation to get up as the sun comes into the rooms early morning.

As the sun moves around to the side all the bedrooms are protected from the heat of the mid-day sun. The back bedrooms will be bright and energising throughout the afternoon and early evening energy.

Recommendations on change of use of these rooms follows.



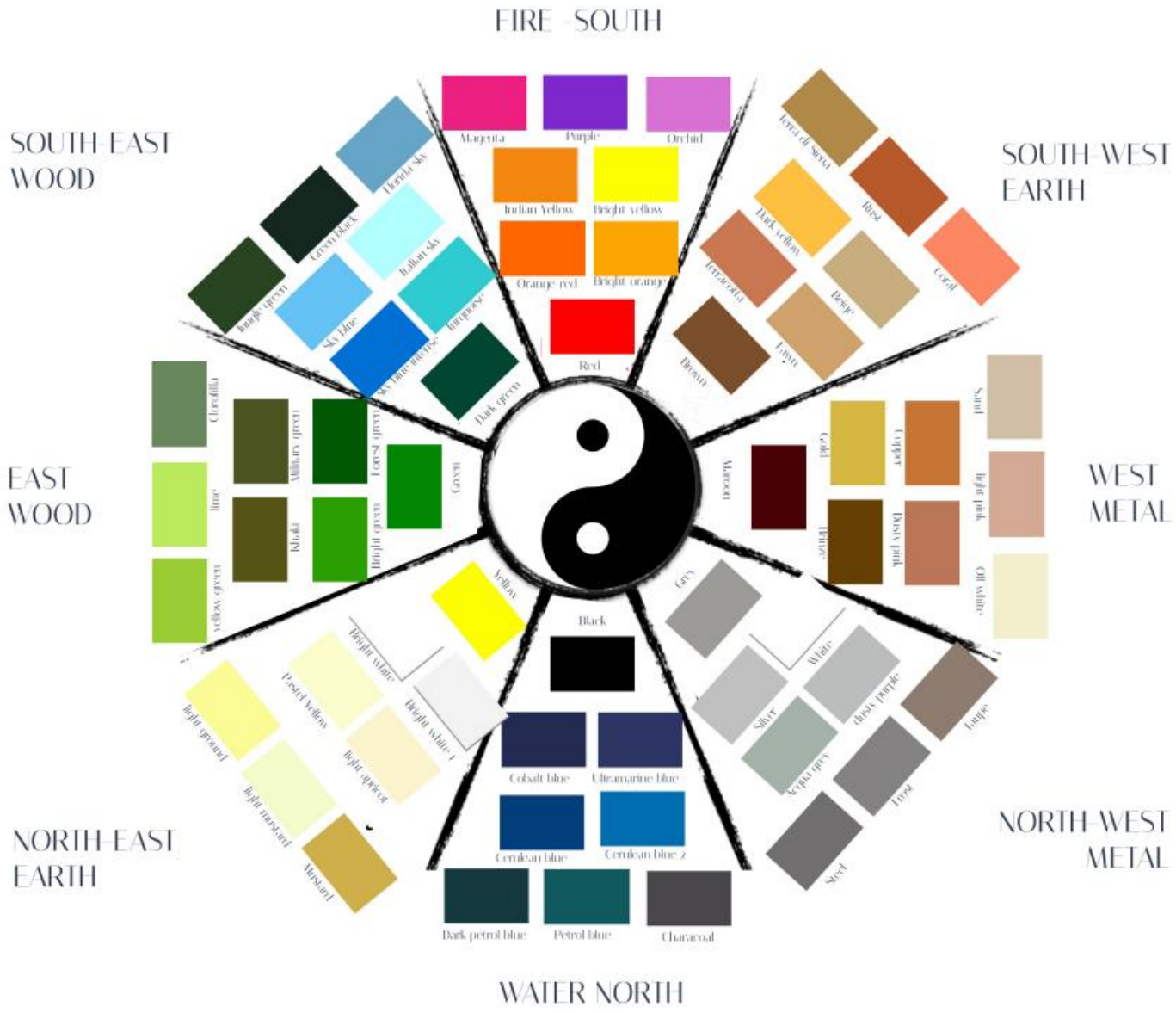
Feng Shui Colour Wheel

Use this colour wheel to decide on colour schemes.

There are three sets of colours you could use

- The colours of the direction that the windows face
- The colours of the sector that the room is in
- The Colours of the previous sector that will be a supportive colour

Examples are applied in the report.



Chi Flow and The 5 Elements

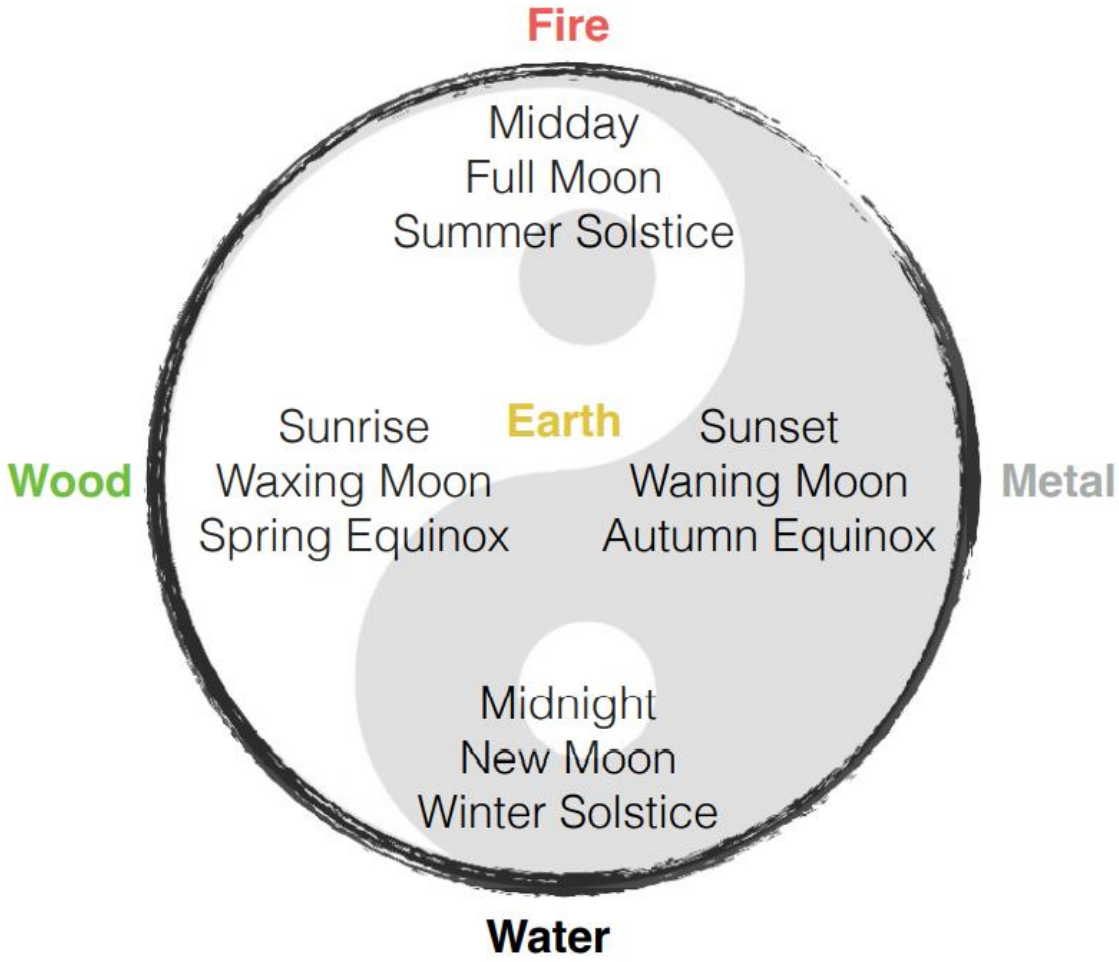
The 5 Elements represent the key energies that we experience as we move through the cycles of our life, whether it be a day, a year, a lifetime or a project.

As the sun rises, in the East we experience Wood energy, this is a growing energy, just like the plants growing in Spring.

At mid-day the energy is at it's most active. We call this Fire energy. It is when the energy is most outgoing, or Yang. It is the energy of summer in the South.

From mid-day the energy starts its journey towards being quieter as we move towards sunset in the West. We call this energy Metal. It sees us toward the completion of the day, and is akin to Autumn.

At midnight the energy is at its quietest. It is more Yin, and we call this Water Energy in the North. Within a year, this is winter.



These 5 transformations can be applied to many areas of our life including our health, love life, career and financial situation. Your Feng Shui consultant is trained to understand how to apply these transformations to your life and goals.

Upstairs Layout Analysis

Currently the only upstairs rooms really in use are the Study and the Master Bedroom, leaving the left hand side of the house (the majority of the original house) largely unused, and with no human energy moving in those rooms during the day or evening.

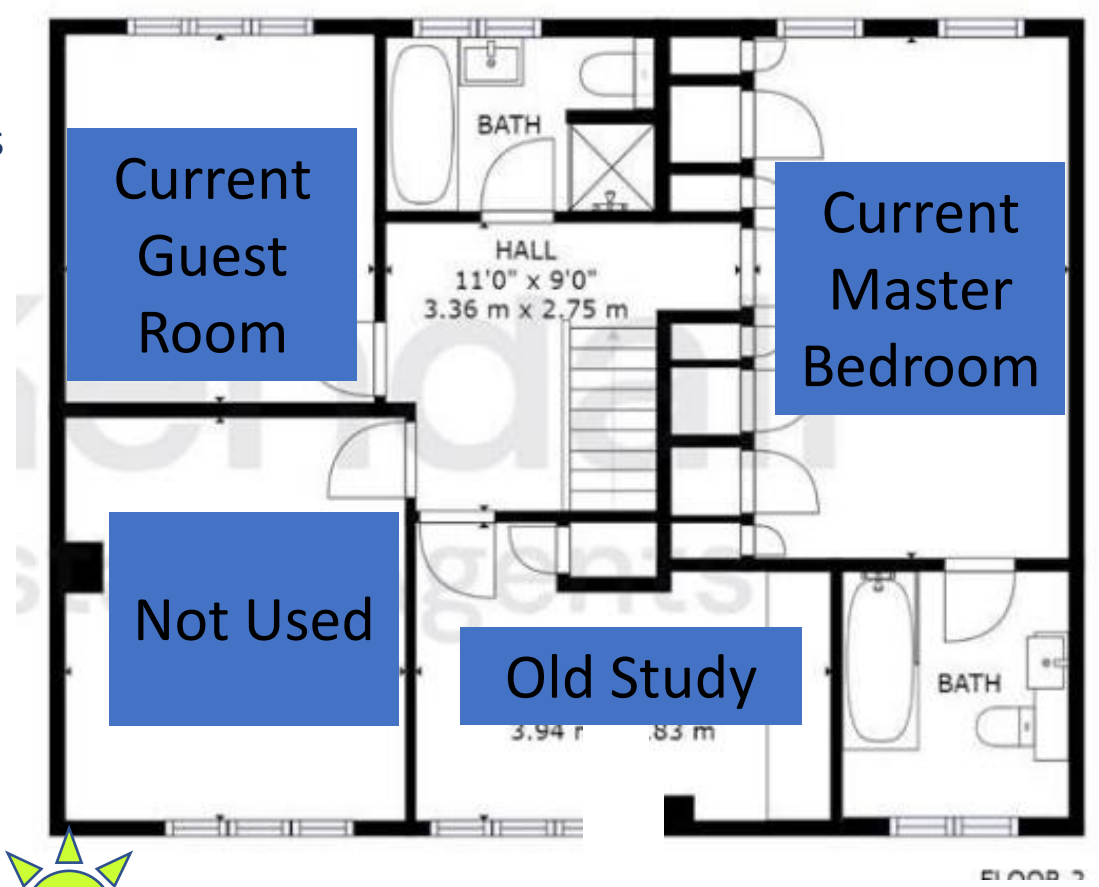
The Study is in a more night-time part of the house. It is not ideal for productivity, as the energy of the sun leaves this room early in the day. The client doesn't enjoy working in this room.

The Front Bedroom is completely unused, and yet is at the heart of the old home and has a lovely morning sunrise.

Master Bedroom has a day-time energy, being in the SW.

Current Guest Room is big for one that is used occasionally.

Client wishes to have a better use of rooms, and also a yoga room. See next slide for new layout.



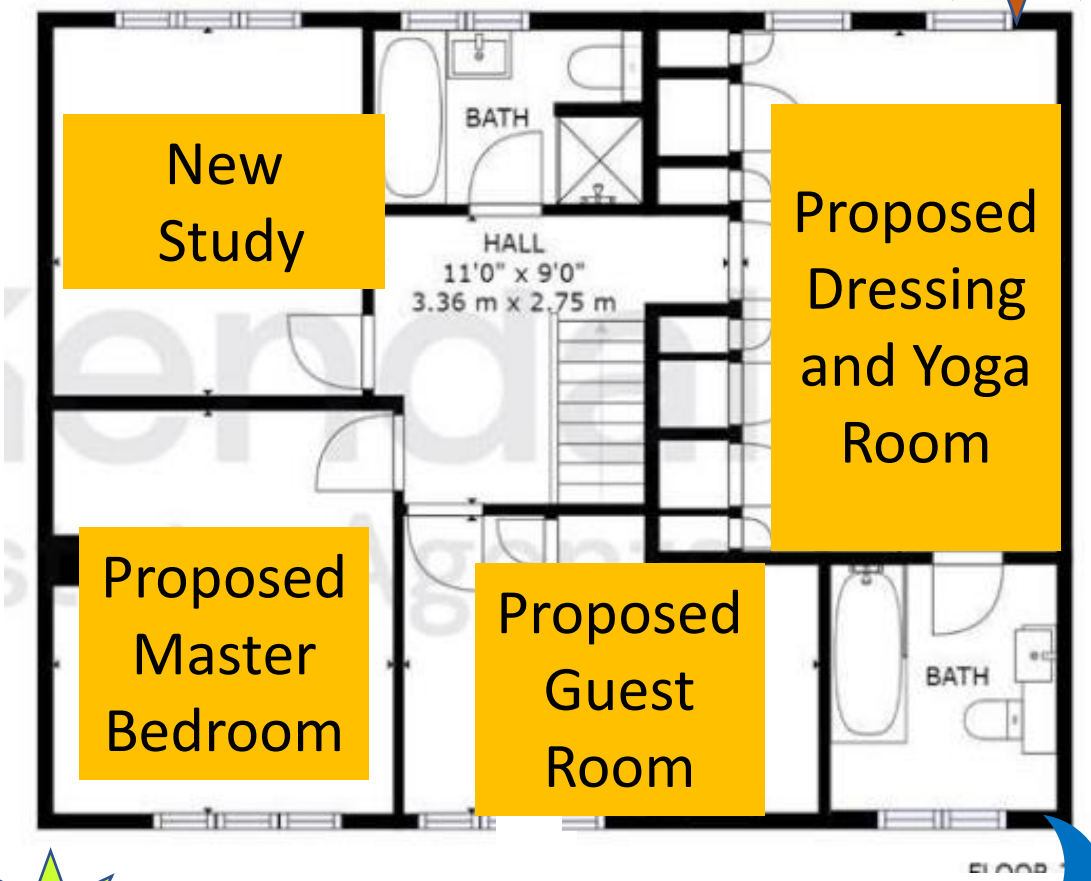
Upstairs Layout Recommendations

Recommend study is moved to the S/SW which has a brighter day-time energy. And yet is protected from the heat of the sun at mid-day. It makes better use of a larger room.

The current Master Bedroom facing South West is too bright for sleep and will be cold in winter with external wall. It also feels less like part of the main house as the bedroom is over the garage. Moving the Master Bedroom to the front of the house in the original part of the house will make the upstairs feel more lived in than currently. The new Master Bedroom benefits from facing the North East night time energy, and also sees the morning sunrise. It should be good for getting to sleep, as well as being motivated to get up. Being in the centre of the house it will have more warmth.

The current Master Bedroom will become the Yoga and Dressing Room. This is particularly good because J (m) works shifts, and J (f) works 8-4. This gives the possibility of getting ready without disturbing J(m) on night shift. Guest Room to move to smallest room at the front, as smallest and least used room.

The new uses gives each room a specific purpose, and a the whole upstairs a more used feel, as the humans will move around more of it during the day.



The landing is deceptively big and has much possibility for furnishing.

Chi Flow and 5 Elements – Proposed Guest Room/Old Study

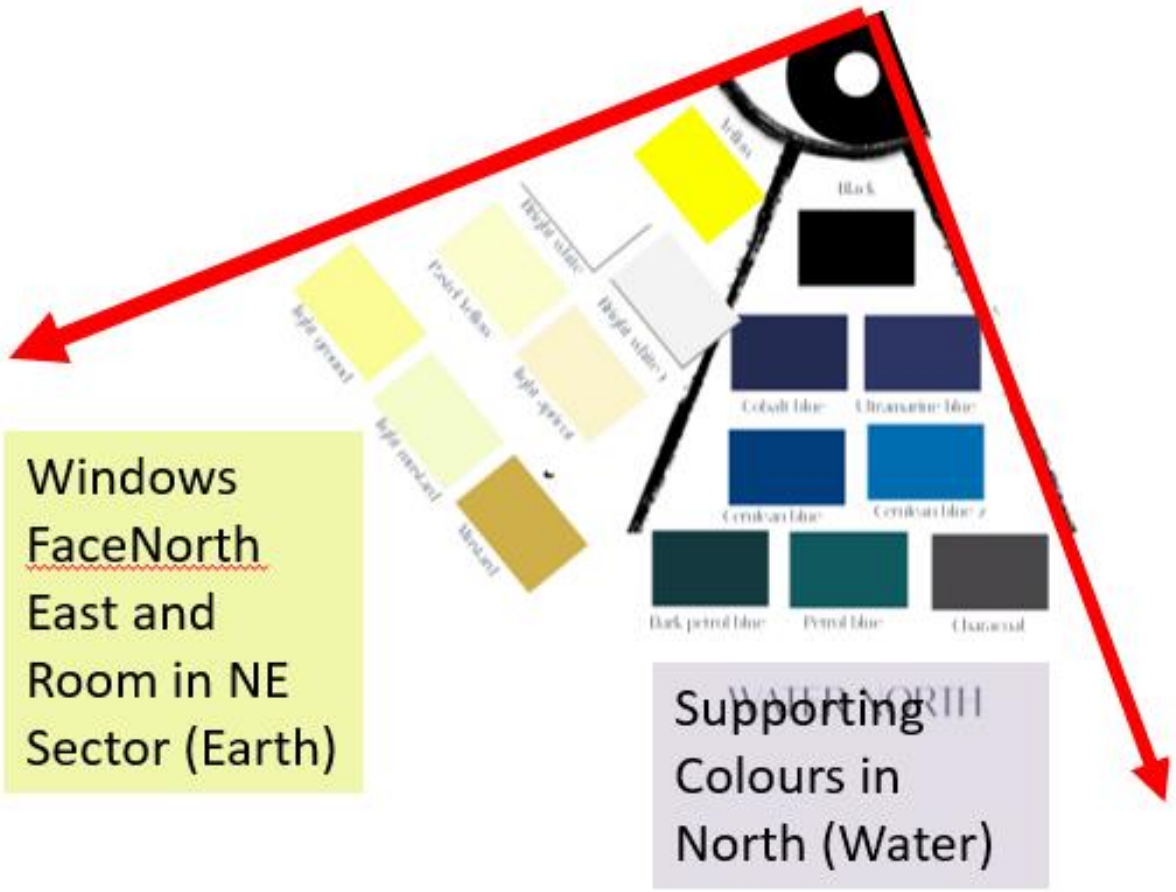
Feeling and Purpose of Room:
Used all day 3 – 5 days a week for J (f) work as an accountant. Does not like this room. Has a new job and wants to relocate room to one that has more sun, and more view. She also sees moving room as essential when starting a new job, as otherwise she fears the new job would not feel like she had changed job at all. Wants to decorate the new room in an inspiring way that reflects her personal taste and that she will love to be in. **Having the best space for her work will help with the goal of building wealth through her career for early retirement.**

Analysis:
Being in a North East facing room, this room gets the morning sun. However the sun quickly moves around to the adjoined side of the house before noon. The room looses its daytime energy quickly.

Currently the Study area is in the darkest alcove of the room. Sitting here there has no Pheonix (facing view), which will hinder long term vision. A completely open Turtle, with no support behind. Cannot see the view or the door.

This room to become the Guest Room as smallest room in the house (see page 18). Replace wooden floor with carpet and decorate in North/North East colours on next page.

Colour Recommendations - Guest Room (was Old Study)

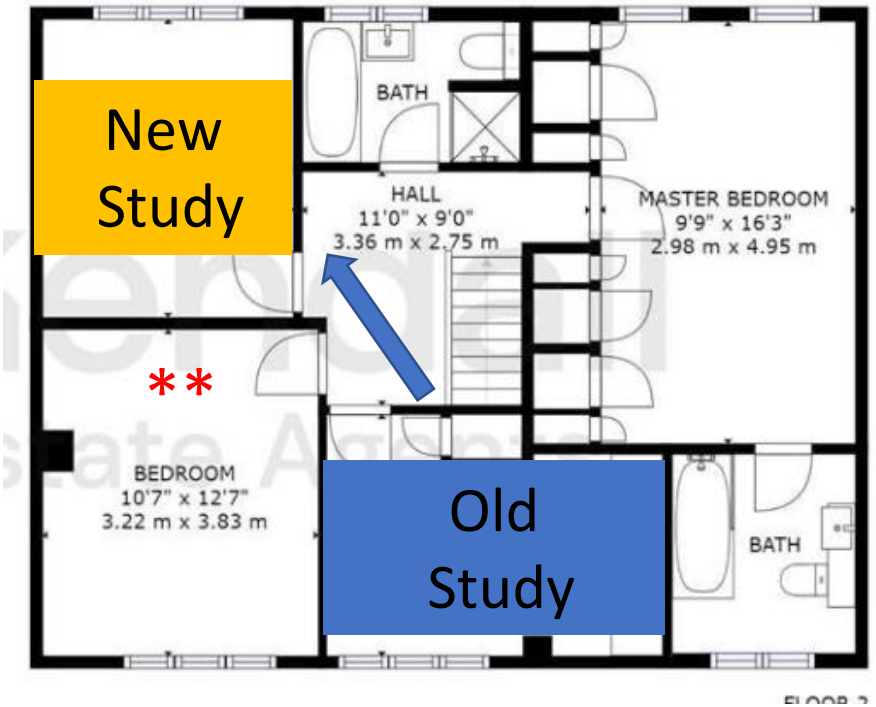


Recommendations

This room to become the guest bedroom, as smallest room upstairs. Recommended colour range shown for this North East Facing Room. Replace wooden floor with carpet for warmer, more Earthy feel.

Chi Flow and 5 Elements – New Study

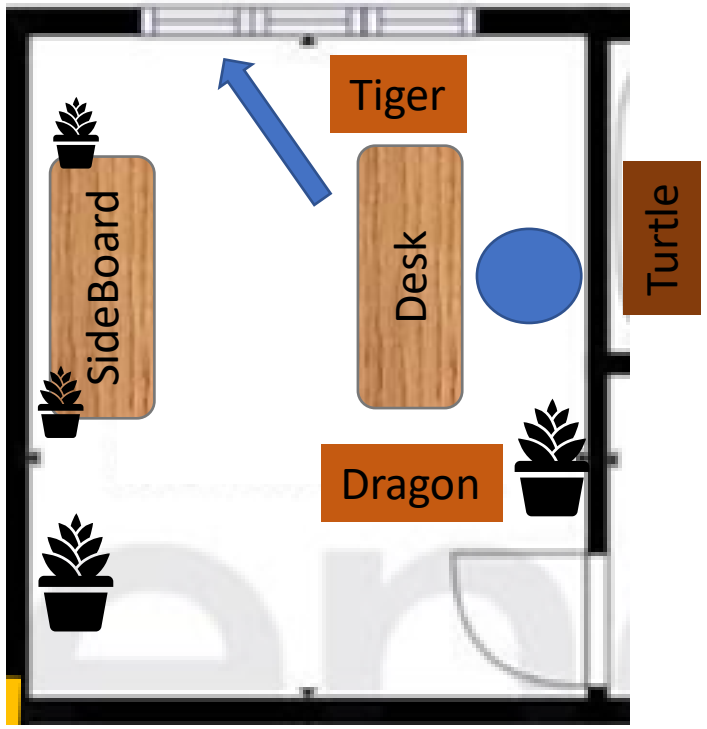
****Note client has already acted on recommendations****



Location of Room Recommendations:

Client had originally wanted to move Study to front bedroom adjoining next door **. I recommended instead the Study be relocated to the back room shown for a number of reasons.

- It has much more daylight, but avoids the too bright mid-day sun. The room has more Yang energy which will help with energy for work.
- The room is in the South Corner, and faces South West. It benefits from both Fire and Earth energy. This location will benefit self-expression, sociability, fame (good work reputation) of Fire and good relationships, harmony, practicality and quality of Earth. All of these will be helpful in building her new team in her new job.
- The room benefits from a large, inspiring view (Pheonix) of next door's garden bringing wood energy for creativity, and views of nature to benefit the parasympathetic system. This will help reduce any work stress and inspire at the same time.



Sitting Direction – New Study (cont)

Note client has already acted on recommendations

Sitting Position:

Place the desk facing into the room to give a strong Turtle with wall behind, and strong Phoenix with garden view from the window as shown on image. It did not work to have the desk facing the window, as it would either involve a weak turtle, or the door obstructing.

Although her best facing directions are West Group, J (f) finds the view of next door's garden with trees and birds to be very inspiring. So she has chosen to face East. Client experimented with the positions to settle on the one shown, using my advice about how to ensure a strong Turtle and Phoenix. Final position has a strong Tiger. Would benefit from a tall plant to provide strong Dragon.

Result: The client is very happy, and feels very inspired and ready to enjoy her new job.

Plants

Chi Flow and 5 Elements – New Study (cont)

Photos taken after acting on recommendations

Decoration Recommendations:

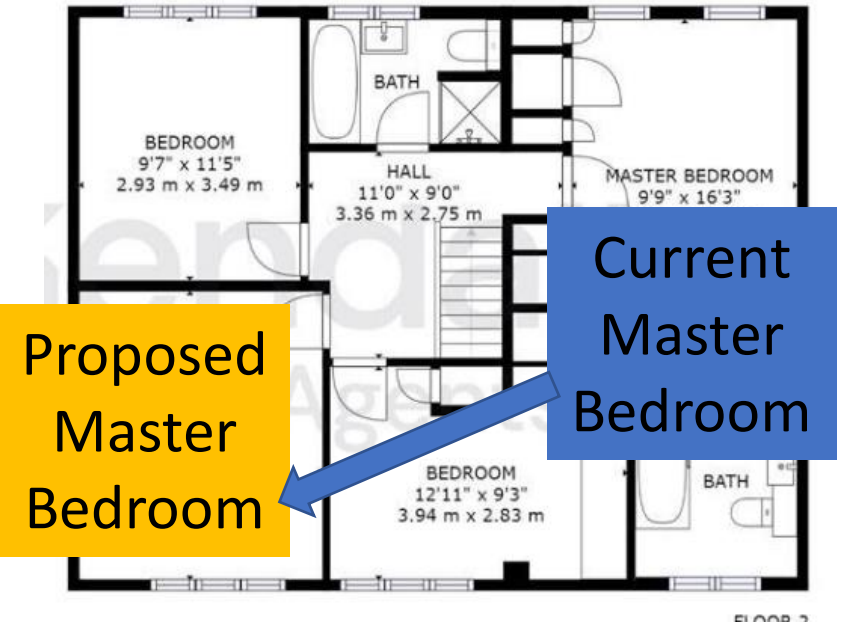
Choose imagery that inspires and reflects her personality. J (f) loves animals, particularly exotic animals, and so these key prints were chosen first to inspire the rest of the scheme. The monkey bookends were a great find that reflect her personality further.

Decorate in Earth colours with some supporting Fire. The Earth yellow ocre shown was chosen from the bird's beak. The orange lampshade brings Fire.

Add plants for increased natural boost to energies, and benefiting the parasympathetic system. An additional floor plant is out of view of these photos.

Result: The client is very happy and enjoys working in this room.

No before photos available, these images were taken post recommendations, as client wanted to implement advice straightaway.



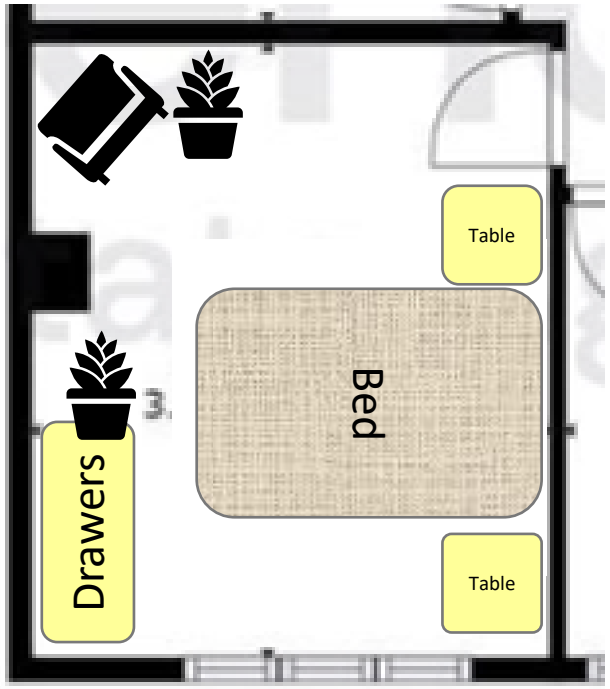
Chi Flow and 5 Elements – Proposed Master Bedroom

Feeling and Purpose of Room:
Currently this room is unused, no photo. On discussion with client this will become the Master Bedroom – see previous notes page 18.

Analysis:
A North East facing room in the East corner. This room is attached to next door and is central to the house. It is above the winter living room with log burner. As such it will be warmer in winter. It also benefits from facing North East, which is more Yin than their current master bedroom. This will be better for sleep. It benefits from the early morning sun for a bright and confident start to the day.

It is proposed that the current master bedroom doubles up as a dressing room and yoga room. Having the bedroom and a dressing room separate will allow J(f) to get ready for work with least disturbance when J (m) is on night shift.

As this room is unused and to be decorated, interior decoration/design recommendations follow.



Chi Flow and 5 Elements – New Master Bedroom

Recommendations:

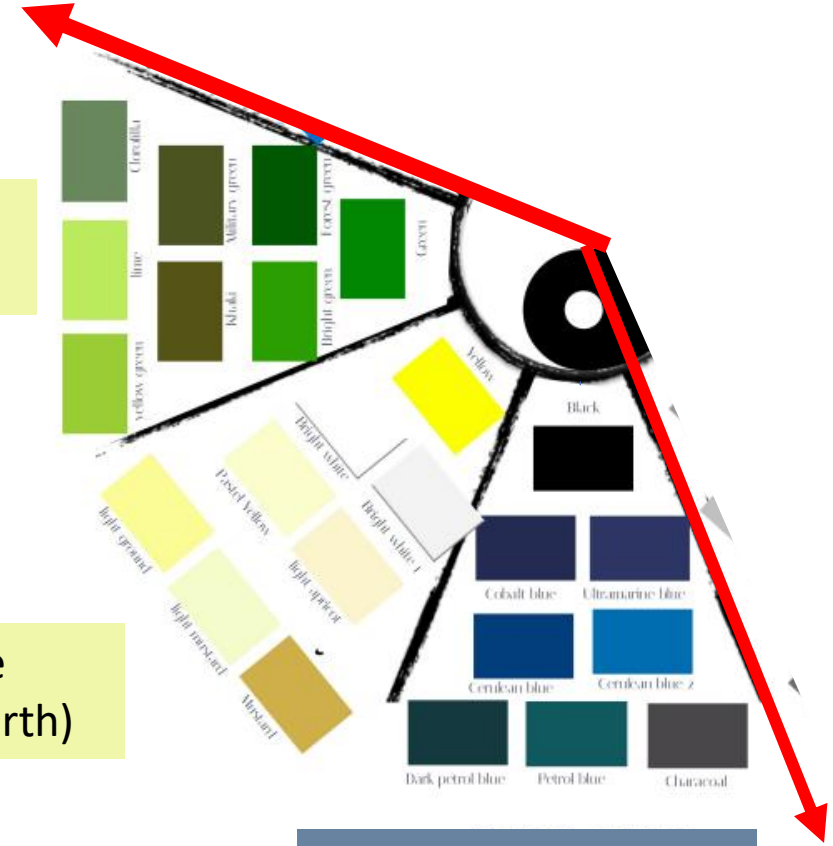
Client has already chosen to decorate in a Blueish Grey teal colour. The colour chosen is a Water colour of the North which will feed the North East energy of the room. Client could bring in some of the bright green of the East with bright green plants for upward energy in the morning. Bring in more of the wood energy with accessories and bedding, curtains in Cream, Bright Green, Pale Purple . Glass plant pots and glass lamp bases with cream shades.

Client has wooden furniture which works well in East corner of the house. Consider bringing one of the chest of drawers into this room. Recommend black out blind for J (m)'s night shifts, as well as curtains. Using cream coloured bed linen (NE) wil join the Teal (North) to the East position of the room.

Only facing directions for bed are SW or NW which are J (f)'s best directions. Bed location is chosen for chi flow in the room related to door, and access to current sockets, giving room for bedside tables. Recommend having chair in the North facing corner to give J (m) a position to sit in the room that is his best direction. .

Put items in pairs around the room (eg plants or ornaments) for romance. Consider a picture that highlights romance, or other objects such as heart shapes. Plants as always for good energy.

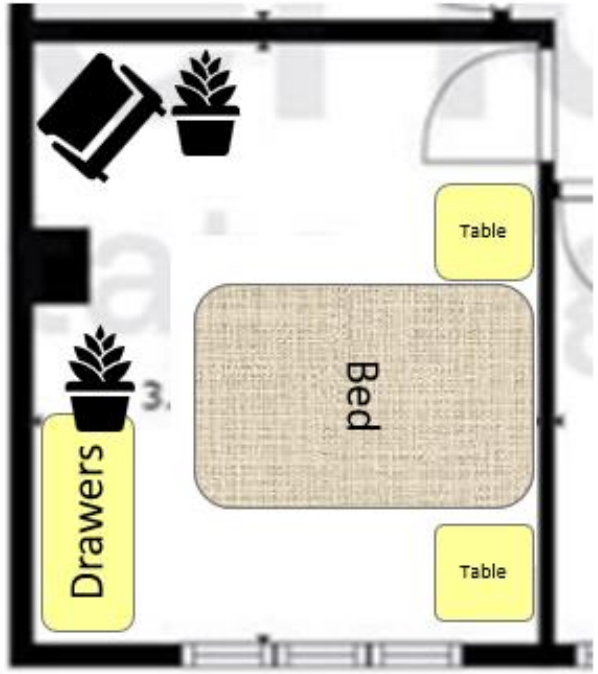
Colour Recommendations - Proposed Master Bedroom

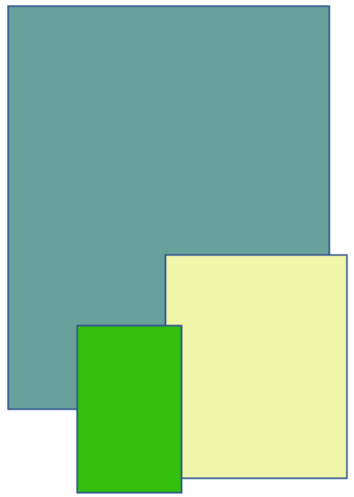


Room sector in East (Wood)

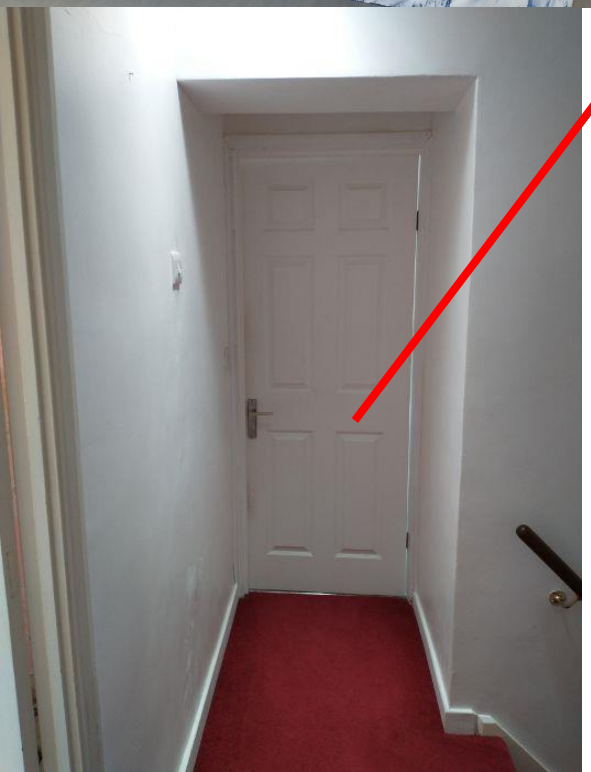
Windows Face North East (Earth)

Supported by North (Water)





Using the North colours will help with better sleep. Whilst a splash of green will help with a good start to the day. North East colours will form a connection between these energies



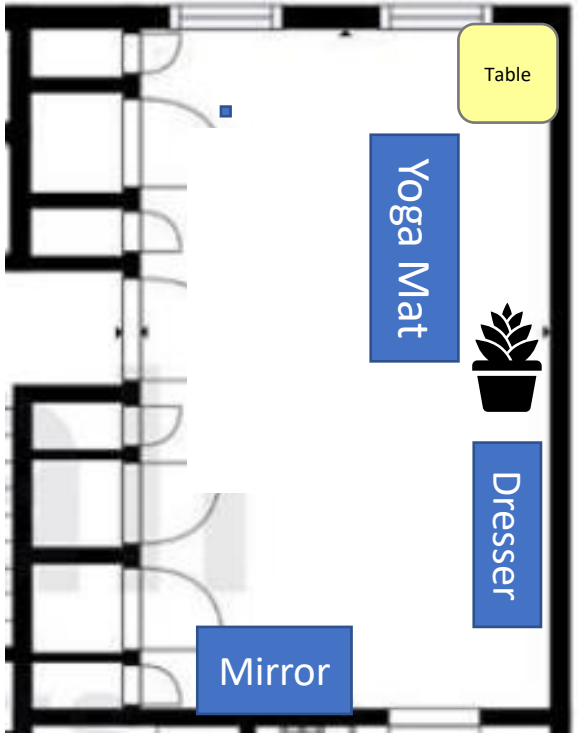
Chi Flow and 5 Elements – Proposed Yoga and Dressing Room/Current Master Bedroom

Feeling and Purpose of Room:
Currently used as Master Bedroom. On discussion with client this room is to become the Yoga and Dressing Room. See previous notes on page 18.

Analysis and Recommendations:
A bright South West facing room in the West corner. This room is above the garage, in the extension, on the external wall, and can be cold in winter. Being SW facing is also has a very Yang energy which is not so good for sleep.

Energy flow in the room is very constricted by the placement of the door, which when open nearly touches the end of the bed, and has to be opened and shut to move around the room.

Recommend re-hanging the door so it opens out into the hall space if you continue to use as a bedroom. Not such a problem if used as a Yoga and Dressing Room.



Chi Flow and 5 Elements – Proposed Yoga and Dressing Room/Current Master Bedroom

New Purpose of Room:

To repurpose the room for yoga and getting ready. See previous notes on page 18. Being a West corner room, the room has Metal energy which is **ideal for working with your morning routines and building wealth for early retirement.**

Recommendations for Repurposing Master Bedroom as a Yoga Room

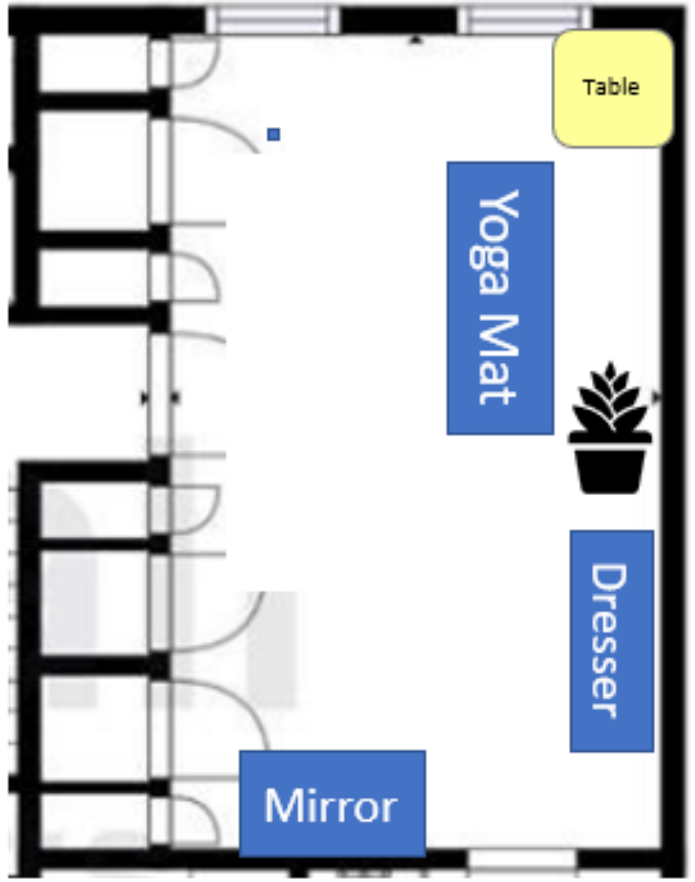
Use metal colours and accessories of the West to complement location room and your **intention to set good routines.** Use Metal and Stone accessories. Replace flooring with carpet for warmth. You can see a wider range of colours on the next page.

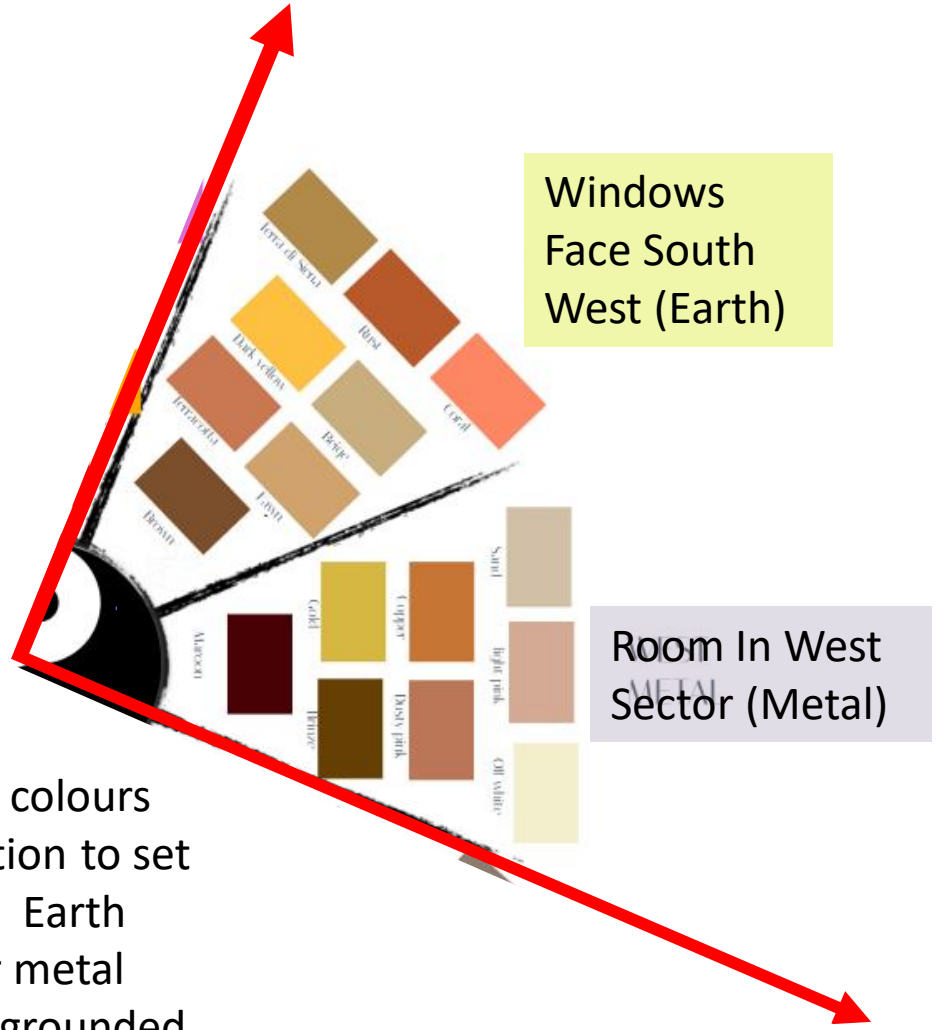
Set the room up to support routine. Have your yoga mat, and meditation cushion laid out where you want to use it, ideally facing South West, one of the best directions for J (f) who will be using for yoga. Client will also benefit from nature first thing by facing the window.

Have a lowish table to set up a tablet for online yoga classes. A low table is idea to see from sitting and standing positions, and does not obstruct the window. A small metal clock on the table will remind you of your routines, but not disturb your yoga. Set up an area for styling hair and make-up and a tall mirror by the wardrobes.

The turtle of the house is visible from this room, and is weaker than from other rooms, with views of houses behind. You can address this with plants or MetalBuddha statues in the windows, or a pile of stones arranged on the wall between the windows, or in the corners. Use a tall plant to separate the dressing and yoga areas. Use inspirational images.

Colour Recommendations - Yoga and Dressing Room





Using the metal range of colours will help with your intention to set better morning routines. Earth colours will support your metal intentions and keep you grounded. Spending time in the West is good for building income.

Chi Flow and 5 Elements – Winter Living Room

Feeling and Purpose of Room:
A small, cosey, North East facing room. Clients are very happy with this room and mainly use it for log fires and chatting in the winter. Client is very happy with furniture layout.

Analysis:
Facing the North East, this room is perfect for the quieter, calmer winter months of the year, and quiet activities. It will be dark in the evening, and yet will also have the motivational energy of the sunrise in the morning. Good for morning coffee, as well as evenings.

North East is earth energy, and so a cosey warm energy with rugs, fabrics and carpets. You could consider adding some blankets for extra cosey earth energy, and some heavy fabric curtains. Current white and cream colours are Yin Earth and work well. Blue accents are Water colour of the North and support the North East direction. Being in the East Sector the room would benefit from some Wood energy in the colour green and from plants. Choose plants that need watering less often.

See colours for new Master Bedroom on page 26 for further colour advice.

Sofa faces SW and is best for J (f), and chairs face E and N which are best for J (m). This matches their current sitting preference.

Chi Flow and 5 Elements – Living Room

Feeling and Purpose of Room:
A large open plan area that is the main living area, and contains a large sociable sofa and the TV. Newly decorated and new kitchen installed.

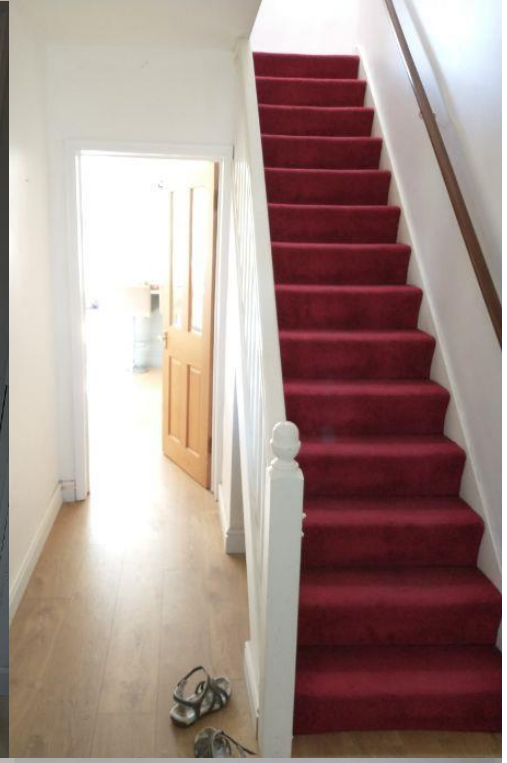
Analysis and Recommendations
Positioned in the centre of the house, this room is perfect to be the heart of the home. The dining area is in the South corner works well for social life, especially as it connects to the garden. Facing South West this area is great for family life.

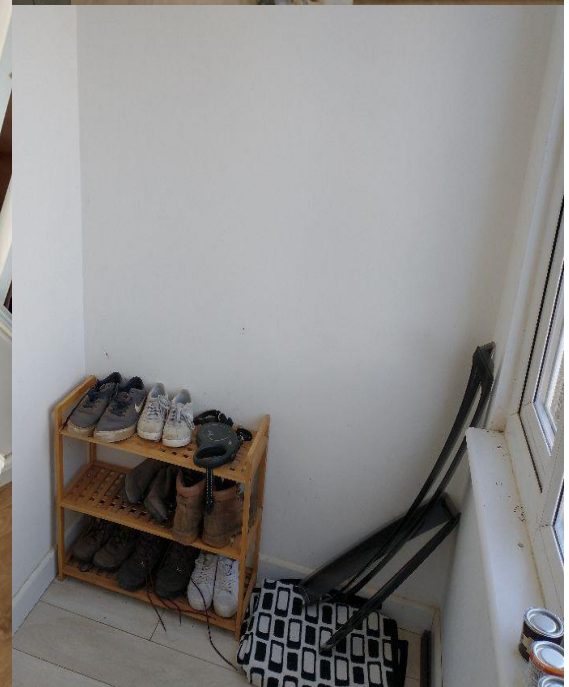
Chi flow is good with enough furniture to slow down fast energy, but enough space to move around. Energy will be lively as humans and dog pass through all day. The shiny wood floor will bring some light further into living area, which could otherwise be dark. Consider adding a mirror to the dining room wall, as it will reflect the later afternoon sun, further into the living area.

For **improving your routines** place an inspiring stand-up calendar on the dresser. The plants in the kitchen are important to connect the fire energy of the oven to the water energy of the sink.

This room has very strong metal and wood energy in furnishings and from flying stars. It needs more water energy eg introducing colours black, white and deep blue in accessories.

Add water features, eg fish tank, bowl of water, flowers in a glass bowl.





Chi Flow and 5 Elements – Entrance Hall

Feeling and Purpose of Room:
Connects all rooms. Client would like storage in the porch.

Analysis and recommendations:

The downstairs access areas are bright, and light comes in from many angles into the hall. The front door is in the North East which is good for Motivation, Competitive, Clear thinking, and New direction.

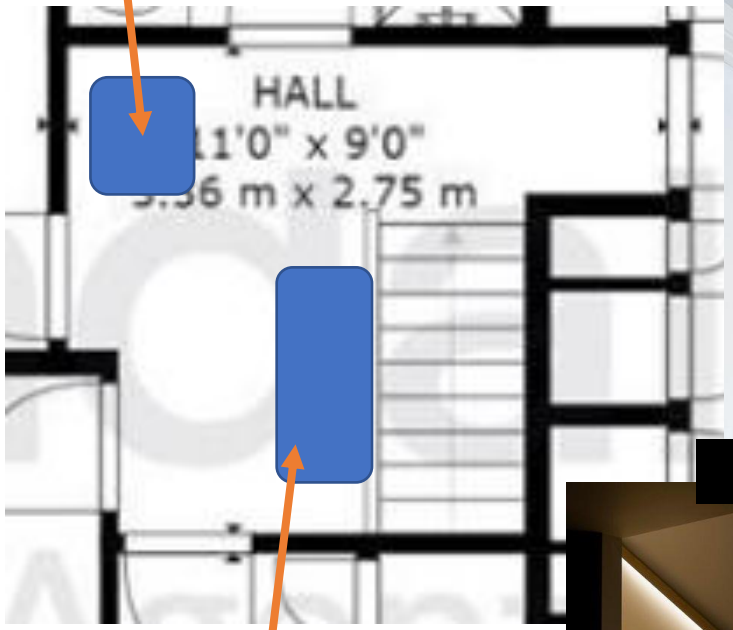
The stairs are opposite a wall, so the energy stays contained in the house. Would benefit from a plant opposite the stairs to stop energy going too quickly down a straight run of stairs. A mirror above the meter box would reflect some light and bounce the energy back.

I understand you will remove handrail and change carpets in due course to match the rest of the décor. See colours on next page.

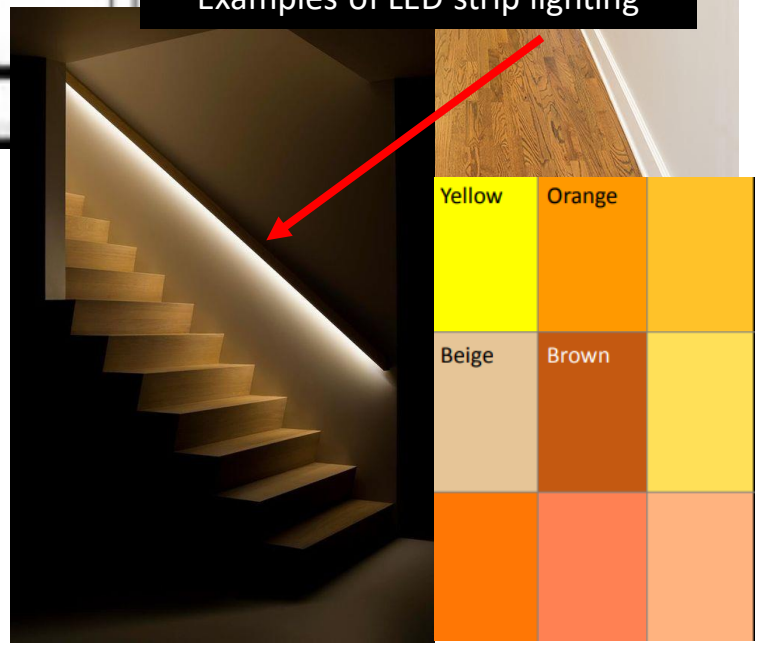
There is plenty or room in the porch for a built in unit for shoes and coats. I would recommend this is opposite the window rather than next to it for best use of space and not cutting out the light.

I also spotted a great little nook under the stairs to store logs very conveniently for the winter living room.

Possibilities for this corner: tall shade loving plant, tall lamp, small table with small lamp.



Examples of LED strip lighting



Possibilities for this area:
Small chaise longue or side table

Chi Flow and 5 Elements – Landing

Feeling and Purpose of Room:
Connects all rooms upstairs.

Analysis and recommendations:

The upstairs landing is deceptively spacious and there is plenty of room for additional accessories here.

However, because of the new extension there are no external windows, although there is a small skylight.

Mirrors could work, but there is not natural light to bounce, so a lighting solution would be better.

Recommend investigating LED strip lights up stairs, and under coving or around ceiling, or daylight bulbs.

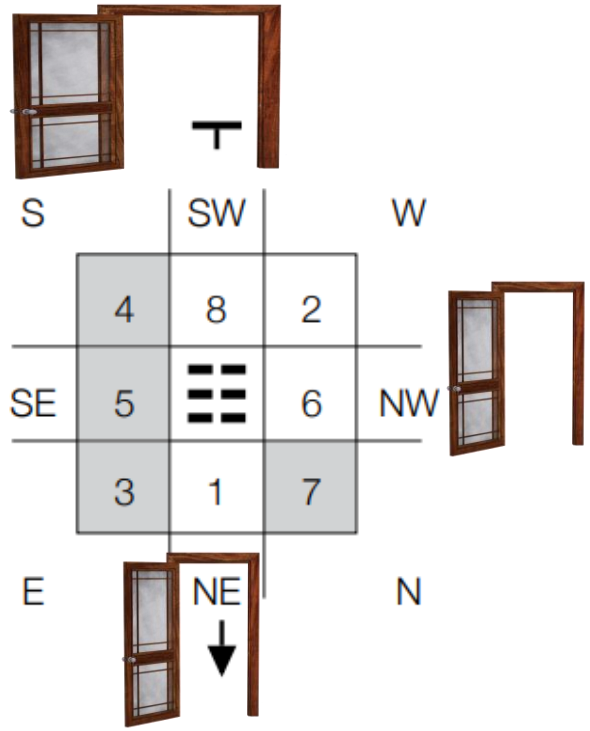
The area can be made homely by the addition of accessories and shade tolerant plants.

Good connecting colours for carpets and walls in the centre of the house are shown, eg cream, beige or yellow. However in Porch use North East Colours.

External Ba Zhai Analysis:

Sitting Direction: South West 8

Front Door in North East
Side Door in North West
Patio Doors in South West



According to Feng Shui most energy comes in through the doors (Chi Mouth), where humans walk through. The next greatest energy comes through the windows (Chi Eyes) **We apply the Ba Zhai analysis to the energy coming through those, and to the outside of the house.**

The house is South West sitting and has the number 8 Trigram of Earth, which is good for a family home. It is part of the West group which is good for financial success, routine and getting things done.

Front door in the NE has number 1, and calm Yin energy. It has the energy of Mountain with the characteristics of good vitality, prosperity, financial gain, work.

Side door in the NW has number 6, and a more Yang energy. It has the energy of Heaven which represents long years, harmony, happiness.

Patio doors are facing SW have the Yin energy of Earth. The patio door by the worktop is in SW 8 and represents house of life, stability, calming energy. They are however, in the South sector of the garden so need some support, see next page.

External Ba Zhai Analysis: Recommendations

Sitting Direction: South West 8

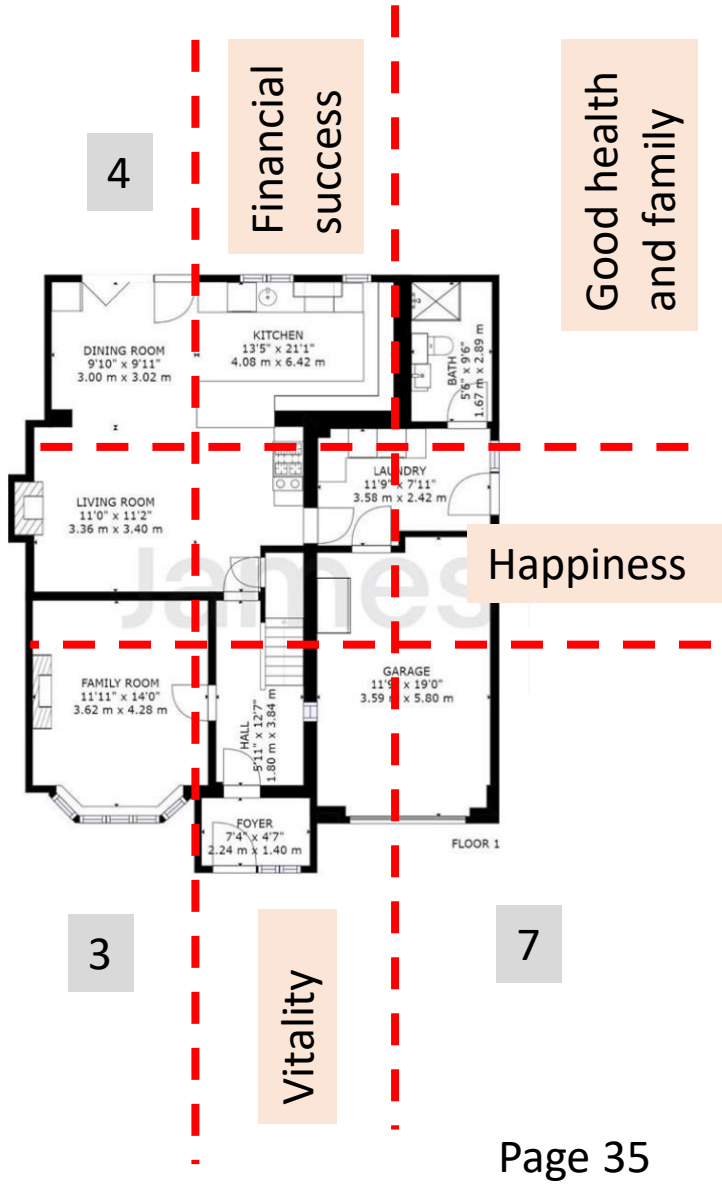
Front Door in North East
Side Door in North West
Patio Doors in South West

The majority of the back and side gardens are in very positive aspects, see chart.

The area outside the patio doors, with the number 4, would benefit from some wood energy. The patio furniture is great. You could also support with lots of plants around the patio.

The area outside the winter living room with the number 3 would benefit from planting ever green plants under the window, or with the colours green, white or grey. Lavender might be a good choice as it is evergreen and attracts the bees for extra good energy. As you want to replant the border in this area, think about using green, white and grey planting. Think about planting a tree that you will eventually see from your bedroom window on the corner adjoining entrance of your plot. A tree with white blossom would be lovely.

Back gate in the area 7 is least supportive door to use. Windows in this sector are in the en-suite and are opaque, so little energy enters. You could put something on the windowsill if you want, but not particularly a worry. Try to use the back gate in this sector less often eg, for necessary tasks. When you walk the dog come out through the front door. In the 7 sector of the front garden plant bright colourful plants, eg red or violet plants (fire) in a blue or black containers (water).



External Ba Zhai Analysis: Front Garden Recommendations

White cherry blossom or similar on corners.

Lavender below windows will also bring bees.

Side border green, grey and white. A white buddleia would bring butterflies

Border adjoining path, paint fence black or blue. Colourful flowers in border or in blue or black pots.

Any planting that attracts wildlife will bring good energy.

Consider removing pillars and replace with living trees.

Flying Stars Analysis

The Flying Stars analysis uses Classical Feng Shui calculations using the direction and birth year of the house.. The following charts will show this in more detail and give recommendations for traditional Feng Shui Cures. Please do not worry about interpreting these numbers, as we will go through this in your consultation.

In the diagrams shown you will see the top number is the Annual Star, this changes every year.
Bottom Left is the Sitting Star
Bottom Right is the Facing Star

In the following slides
Green numbers are more helpful and can be boosted
Yellow numbers impact changes depending on the other stars
Red numbers are less helpful can be remedied

Of all of these the facing star in each room has the most active energy

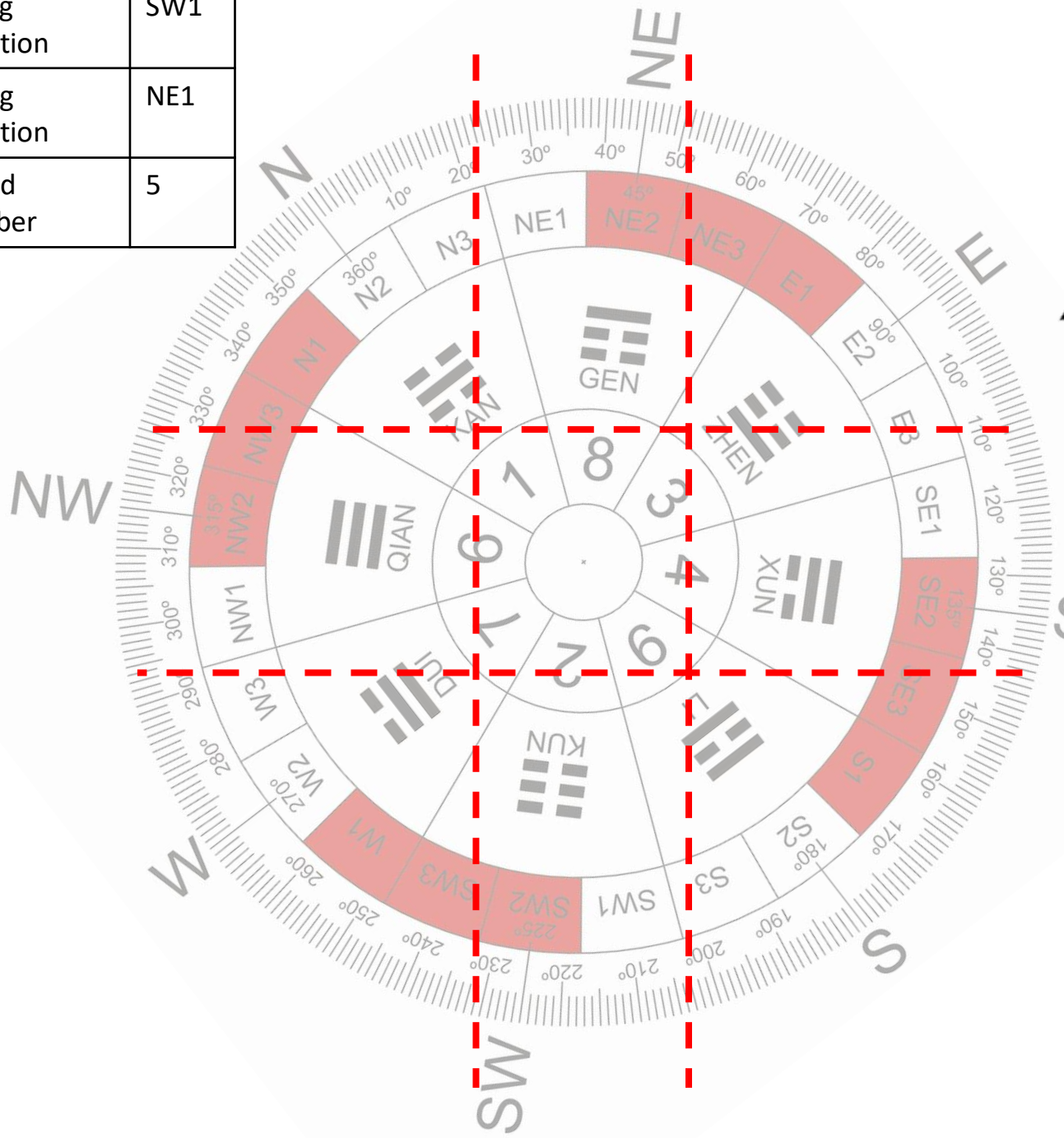
The Annual Star has an influence for that year only (starting at Chinese New Year 3rd or 4th February).

For this reason an annual reading is recommended.

Sitting SW1

9 7 4	2 5 2	7 9 6
4 3 9	5 2 8	6 1 7
3 4 1	8 8 5	1 6 3

Sitting Direction	SW1
Facing Direction	NE1
Period Number	5



Period 5 House

4	9	2
3	5	7
8	1	6

Annual Stars

4	9	2
3	5	7
8	1	6

Fly Backwards

4 3 9	9 7 4	2 5 2
3 4 1	5 2 8	7 9 6
8 8 5	1 6 3	6 1 7

Sitting SW1

9 7 4	2 5 2	7 9 6
4 3 9	5 2 8	6 1 7
3 4 1	8 8 5	1 6 3

Winter Living Room	Comments and Cures
Facing Star 1 Water Star	Good for Career and Vitality and a good life journey. It also represents the man of the house in mid-life – so an excellent Room for J (m) going into 30s and 40s.
Sitting Star 4 Wood Star	This number has the energy of romance, good luck, travel and academic development. Support by using Yin Earth items such as cosey throws.
Annual Star 3 Wood Star	A good year for new beginnings and new projects in this room.
Comments	A good room for discussing new ideas and projects. A great area for spending time as a couple discussing plans for plans, projects, career moves and development.
Cure	Boost star 1 further by using white, blue, black, glass and metal. You can boost the 4 with 4 lucky bamboos
Annual Cure	None recommended

Dining Room	Comments and Cures
Facing Star 4 Wood Star	Four is the star or Romance, and is the stronger of the energies in this area being in the facing direction
Sitting Star 7 Metal Star	The number 7 is a metal number which has the energy or completion and getting things done, which is a little more matter of fact than the romantic star of 4. It could drain the 4 and so needs the cures below.
Annual Star 9 Fire Star	The number 9 represents particularly happy events, and is a fire star. Great for passion, socialising, fame and reputation. It connects well with your wood facing star this year..
Comments	This is a great area for socialising this year. The annual star brings extra good energy this year and will accentuate romance this year.
Cure	The number 7 needs to be connected energetically to the number 4 in all years. You should do this using the water element. Good water elements could include a mirror (shiny and reflective), a bowl of water, flowers in water or a even a fish tank. A traditional cure would be to put a jar of salt water in this area. It could go in the corner outside the house. Or you could use a hanging crystal. Use black, white, and deep blue colours. A water image would also work well. You can boost Star 4 further with 4 Lucky Bamboos.
Annual Cure	None recommended

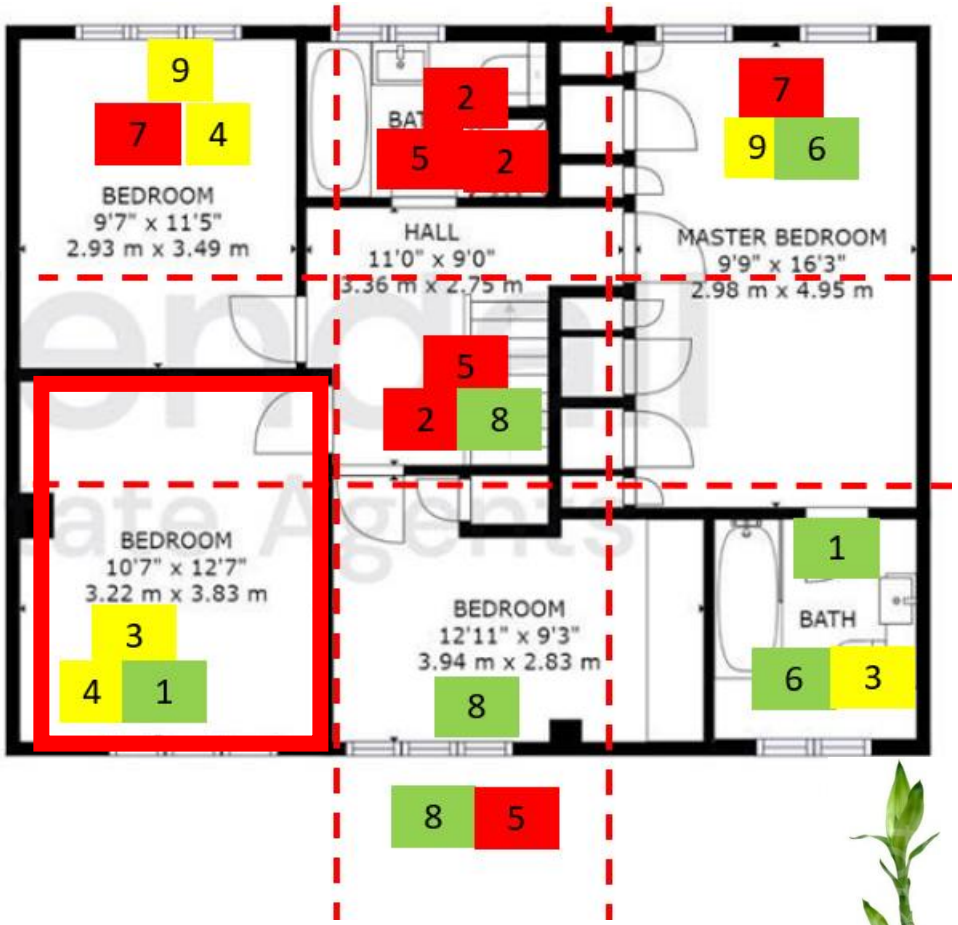
Entrance Hall and Porch	Comments and Cures
Facing Star 5 (Earth Star)	Five is the most powerful star and will be affected by, and affect the stars around it. It has the energy of karma which can be good or bad.
Sitting Star 8 (Earth Star)	Eight is a very strong star and represents heath, wealth and prosperity.
Annual Star 8 (Earth Star)	Eight is a very strong star and represents heath, wealth and prosperity.
Comments	The star 5 is very affected by the stars around it. This particular 5 is very well supported every year by the prosperous sitting 8, and in particular this year.
Cure	Place a copper bell in this area. Boost star 8 using fire, metal or earth items or colours. The earth colours shown in the earlier colour chart for the entrance hall would work well, as would colourful flowers.
nnual Cure	None needed. This is a particularly good year to be coming into and out of the front door of this house.

A copper bell with coins such as the one shown, is a traditional Feng Shui cure. You can equally use other metal items such as a metal buddha or metal bowl with coins

Shower Room	Comments and Cures
Facing Star 6 (Metal)	This star has the energy of authority, power and status.
Sitting Star 9 (Fire)	The number 9 represents particularly happy events, and is a fire star. Great for passion, socialising, fame and reputation.
Annual Star 7 (Metal)	The metal here will calm the energy of the fire star in sitting.
Comments	The sitting and facing stars are very positive, and the happy events of 9 will give an extra boost to your authority power and status in life. This year the annual star may calm that down. However, this is not a particularly active room.
Cure	None recommended.
Annual Cure	You could place a salt water jar in this room this year to calm the metal 7. However, it is already a water room, so not that important.

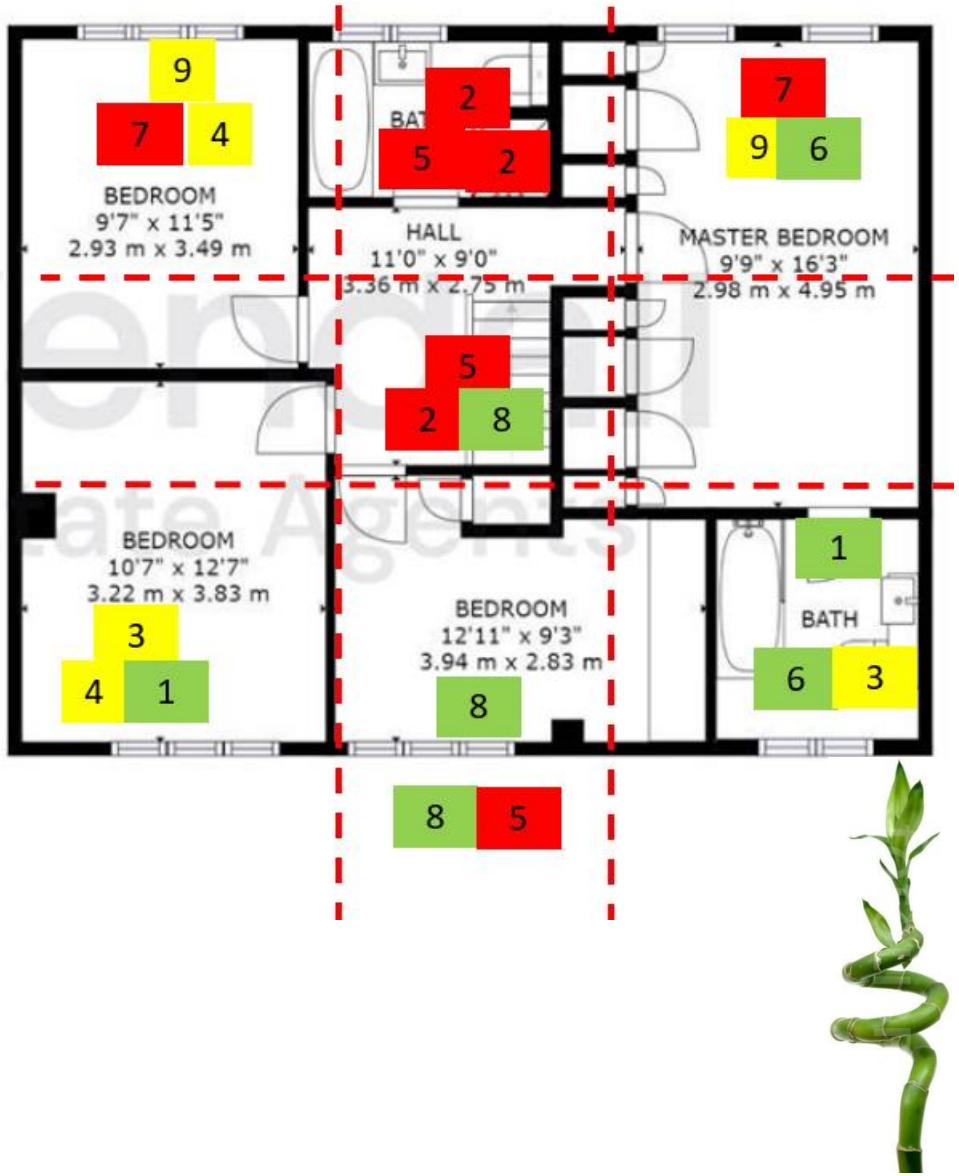
Laundry	Comments and Cures
Facing Star 7 (Metal)	Whilst not always the most supportive star, it is paired with the number 1, which is water, which has the impact of calming the number 7.
Sitting Star 1 (Water)	Good for Career and Vitality and a good life journey. Water drains metal, and so it is a good pairing with the facing star, as it will calm the metal down.
Annual Star 6 (Metal)	This star has the energy of authority, power and status.
Comments	A mixed bag of stars, but in a less active part of the house. The combination of 7 and 1 means that although 7 is not the most positive star, it is being kept in check by the very positive star 1. You have a lot of water in this room already as it is the laundry room.
Cure	The water energy of the laundry room, in combination with the water star 1 will already calm the metal star 7 down. You can use metal and water elements further if you wish to boost star 1. No need for any further cures.
Annual Cure	None recommended

Garage	Comments and Cures
Facing Star 3 (Wood)	Good for new ideas, new opportunities.
Sitting Star 6 (Metal)	This star has the energy of authority, power and status.
Annual Star 1 (Water)	Good for Career and Vitality and a good life journey.
Comments	This room has a great energy, and would benefit from integrating into the house as soon as you can afford to do so. This would make a great room for James' personal space/study. If you cannot afford to activate this room this year, you can still make plans for how it will be used, as you can make use of the life journey energy of this year. Decorate in the colours of the North (Water) and supporting North West (Metal)
Cure	Get started on making plans for this room right away!
Annual Cure	None recommended.

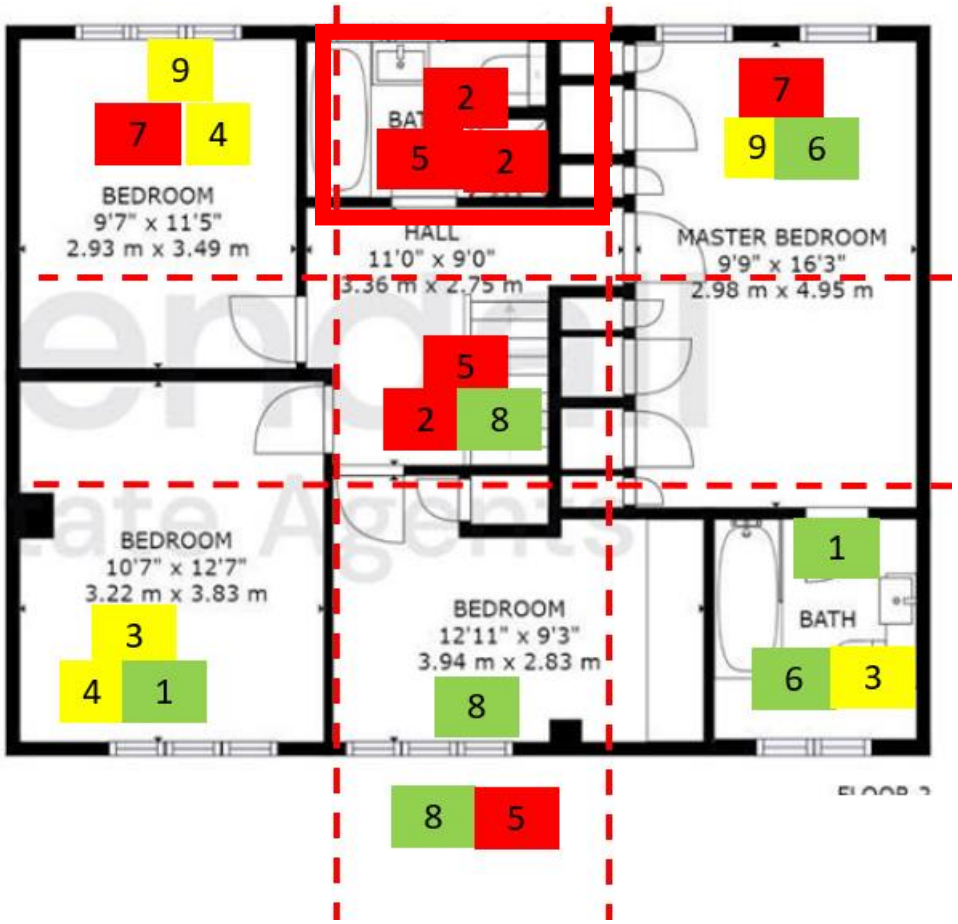


Main Bedroom	Comments and Cures
Facing Star 1 Water Star	Good for Career and Vitality and a good life journey. It also represents the man of the house in mid-life – so an excellent Room for J (m) going into 30s and 40s.
Sitting Star 4 Wood Star	This number has the energy of romance, good luck, travel and academic development. Support by using Yin Earth items such as cosey throws.
Annual Star 3 Wood Star	A good year for new beginnings and new projects in this room.
Comments	A good room for your main bedroom as the combination 1 and 4 represents good romance.
Cure	None recommended. Boost star 1 further by using white, blue, black, glass and metal. Boost star 4 further with 4 Lucky Bamboos.
Annual Cure	Non recommended

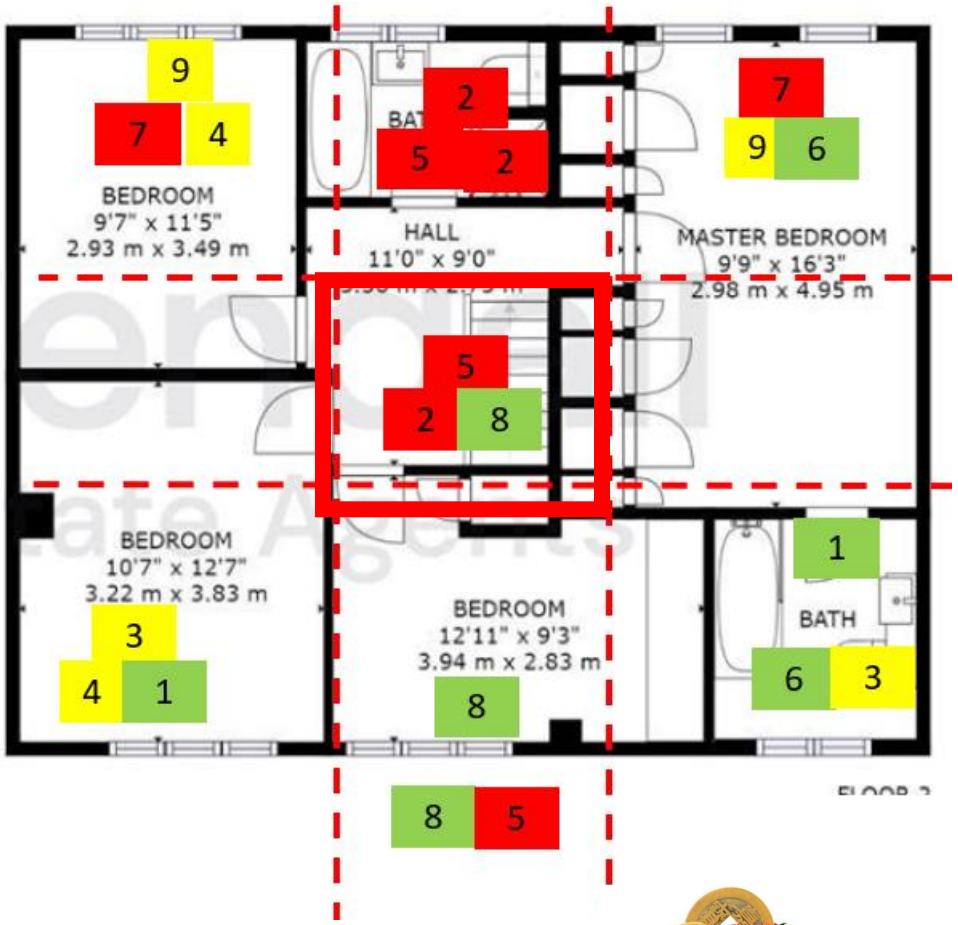
Lucky bamboos are a traditional Feng Shui cure. They are living bamboo stems. You could put each stem in a separate vase, or make an arrangement of the four together in a bowl.



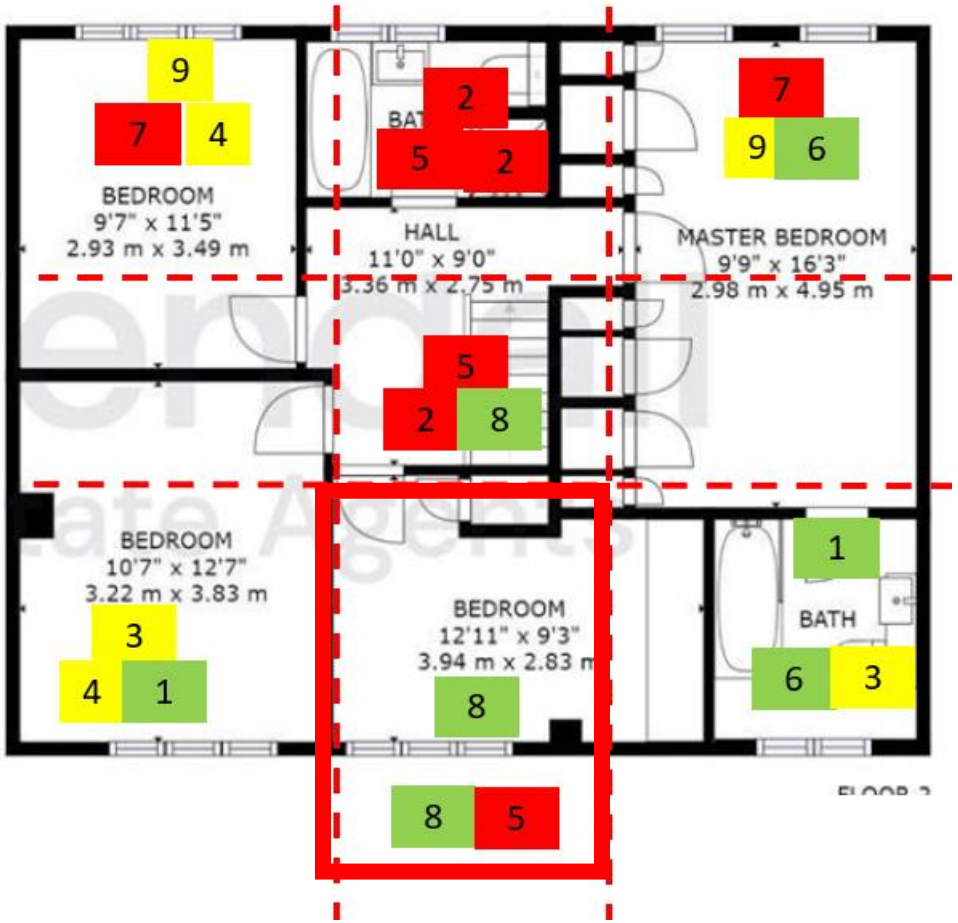
Office	Comments and Cures
Facing Star 4 Wood Star	Four is the star or Romance, and is the stronger of the energies in this area.
Sitting Star 7 Metal Star	The number 7 is a metal number which has the energy or completion and getting things done, which is a little more matter of fact than the romantic star of 4.
Annual Star 9 Fire Star	The number 9 represents particularly happy events, and is a fire star. Great for passion, socialising, fame and reputation. It connects well with your wood facing start this year..
Comments	It is good that this is your study. It's not so good for romance, and so a good choice to use it for work instead.
Cure	The number 7 needs to be connected energetically to the number 4. You should do this using the water element. Good water elements could include a bowl of water in the window. You can use this to support your daily affirmations for what you want to achieve at work. Write your intentions and put them under the bowl of water. You could also hang a crystal ball in the window. Four Lucky Bamboos will help to boost the Star 4.
Annual Cure	Take advantage of the enhancements in your fame and reputation this year.



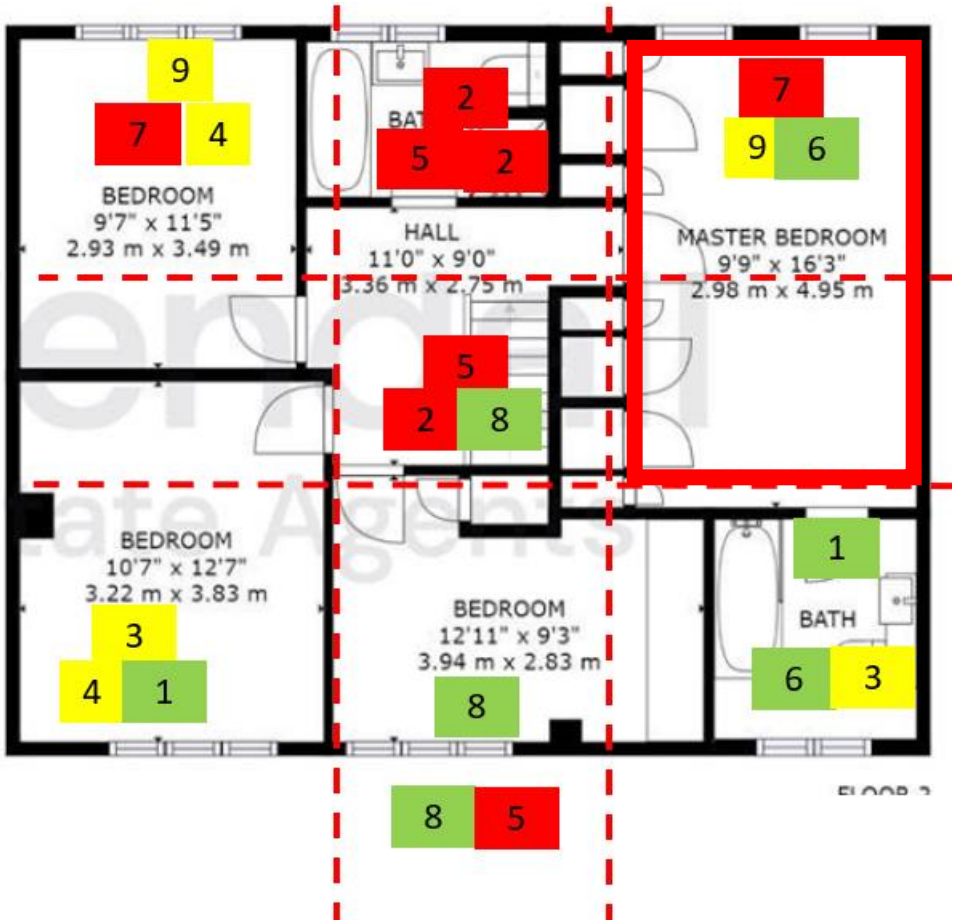
Bathroom	Comments and Cures
Facing Star 2 (Earth Star)	This star relates to health and needs to be well supported. This star particularly affects women.
Sitting Star 5 (Earth Star)	Five is the most powerful star and will be affected by, and affect the stars around it. It has the energy of karma which can be good or bad.
Annual Star 2 (Earth Star)	This star relates to health and needs to be well supported. This star particularly affects women.
Comments	You will need to be very conscious of supporting your health in this area.
Cure	As this is a bathroom you do not intend to use regularly it is not as important to work on the energy of this area. You could calm down the energy of 2 by using metal elements. For example, metallic tiles and the colour grey would work well for decorating this area. Plants in metal plant pots would work well.
Annual Cure	As above.



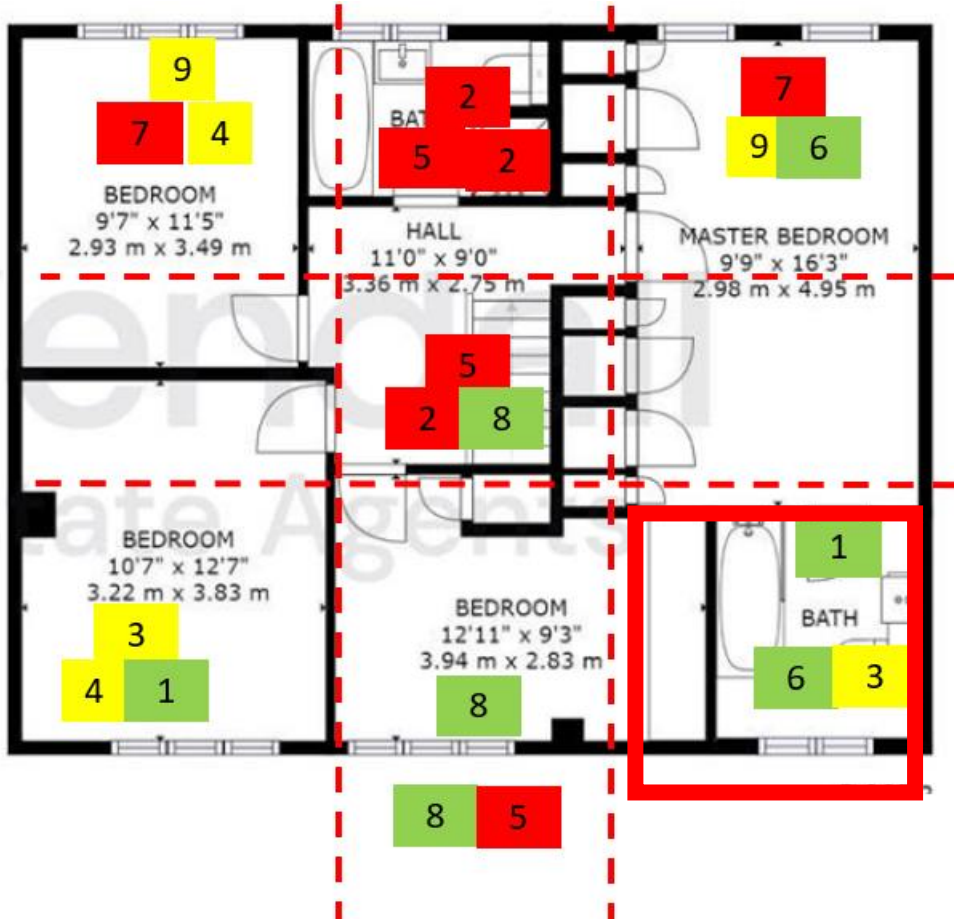
Landing	Comments and Cures
Facing Star 8 (Earth Star)	Eight is a very strong star and represents heath, wealth and prosperity.
Sitting Star 2 (Earth Star)	This star relates to health and needs to be well supported. This star particularly affects women.
Annual Star 5 (Earth Star)	Five is the most powerful star and will be affected by, and affect the stars around it. It has the energy of karma which can be good or bad.
Comments	A strong sense in that there will be a great prosperity through work. However, you need to be careful to maintain balance such that work does not affect your health. The connecting energies between 2 and 8 are Wood (3) and Fire (9). Be sure to add Wood and Fire in this area
Cure	To calm down the 2 earth energy use metal objects in this area eg metal plant pots. To accentuate the wood and fire choose wood furniture and brightly coloured accessories or images.
Annual Cure	Place a copper bell in this area for this year



Guest Room	Comments and Cures
Facing Star 5 (Earth Star)	Five is the most powerful star and will be affected by, and affect the stars around it. It has the energy of karma which can be good or bad.
Sitting Star 8 (Earth Star)	Eight is a very strong star and represents heath, wealth and prosperity.
Annual Star 8 (Earth Star)	Eight is a very strong star and represents heath, wealth and prosperity.
Comments	The star 5 is very affected by the stars around it. This particular 5 is very well supported every year by the prosperous sitting 8, and in particular this year.
Cure	Place a copper bell in this area. Boost star 8 using fire, metal or earth items or colours. The earth colours shown in the earlier colour chart for the entrance hall would work well, as would colourful flowers.
A	ne needed.



Yoga and Dressing Room	Comments and Cures
Facing Star 6 (Metal)	This star has the energy of authority, power and status.
Sitting Star 9 (Fire)	The number 9 represents particularly happy events, and is a fire star. Great for passion, socialising, fame and reputation.
Annual Star 7 (Metal)	The metal here will calm the energy of the fire star in sitting.
Comments	The sitting and facing stars are very positive, and the happy events of 9 will give an extra boost to your authority power and status in life. As your yoga room, it is a good room for you to set intentions each day for your working day ahead. You could write down affirmations, or your to do list before you leave this room each day. The annual metal star this year may calm down the positive events. You can cure for this using Water.
Cure	None recommended
Annual Cure	Place a jar of salt water in this area for this year. Use images of water. Have a water feature this year. Or place a bowl of water in the room. Or use black or dark blue plant pots.



En-suite	Comments and Cures
Facing Star 3 (Wood)	Good for new ideas, new opportunities.
Sitting Star 6 (Metal)	This star has the energy of authority, power and status.
Annual Star 1 (Water)	Good for Career and Vitality and a good life journey.
Comments	This room has a great energy. Don't be surprised if you have great ideas whilst taking a shower here! Use this en-suite in preference to the other upstairs bathroom.
Cure	None recommended
Annual Cure	None recommended.

FLYING STARS TRADITIONAL CURES AND ALTERNATIVES

The previous slide included some traditional cures. Here are some further notes on these.

Copper Bell: You can purchase Copper Bells easily eg via Amazon. Example here Copper Bell-Blessing Hanging Home Decoration Chinese Feng Shui Lucky Charms Fortune Coins Ornaments Hand Bell Copper for Wealth and Safe : Amazon.co.uk: Home & Kitchen Alternatives could combine the elements of sound and/or metal. For example you could use wind chimes for metal and sound, or a metal buddha for greater metal energy.

Salt Water Cure: Traditionally you would fill a jar with sea salt, and cover with water, then place 6 copper coins on top. A good description is here How to Make a Feng Shui Salt Water Cure (thespruce.com). This isn't to everyone's taste, so you could instead combine water and metal elements by having a glass bowl or water with a nice arrangement of stones instead.

4 Lucky Bamboos: Perhaps the easiest to replicate, as you can easily buy bamboo shoots. You can use 4 separate vases with one lucky bamboo in each, or put four together in a vase. Example here: Easy Plants 4 x 3 Stalks Lucky Bamboo Ribbon Plant with Random Colour Theme Vase and Gravel Stone : Amazon.co.uk: Garden & Outdoors

9Ki Analysis – J (f)

The 9Ki Analysis uses your birthdate to identify the main energetic forces in your life. The comments below are those qualities you are likely to have, but some may or may not resonate so strongly with you.

Path in Life is No 4

This number has Wood Energy.
It is the energy of Spring time

You are likely to be have an up beat positive life path. You will be good at innovative and spreading ideas. You should look for ways in which to work with innovation and ideas.

Emotions and Thoughts Number No 6

This number has Metal Energy.
It is the Energy of Autumntime

This means that on a daily basis you are very responsible and like to get things done. You are very organized and like to help others get organized. You will make things happen. However, you don't take life too seriously.

Some ideas for Balancing Your Energies:

Your life path will be supported by the Water and Wood Energies

- **Enjoy water activities** such as swimming and going to the sea, or beachside holidays. Water related activities will feed ideas.
- **Take time to meditate** to enjoy the bigger vision that meditation brings. Set an intention for your meditation.
- **Keep a journal of your ideas** – particularly with regards to your life path
- **Ideas may well come to you in the shower.**

Your emotions will be strengthened by Earth and Metal Energies:

- **Enjoy your garden.** Get your hands dirty, and grow vegetables. Bake, cook and enjoy home based activities. Make these activities meditative.
- **Have strong routines. U**se white boards, to-do lists, metal clocks to encourage metal energy.
- **Have a set routine for using your yoga room.**
- **Keep a strong control over your finances.** Know what is coming in and going out. Have a strong system for monitoring this. See separate hand-out on finances.
- **Make an early retirement plan.** Write it down where you can see it. Use visual imagery of future plans.
- See further ideas in **Summary of Recommendations and attached Tips Sheet on Feng Shui Ideas for Career and Finance**

Summary of Key Findings and Recommendations

Room	Recommendations	Obective	Page(s)
Layout	Move master bedroom to front adjoining; Create yoga/dressing room in current master bedroom Move study to rear adjoining bedroom Create guest room in front centre bedroom	To make best use of upstairs rooms To build healthy routines (yoga room)	P18
Master Bedroom	Decorate in colours of North, North East and East Layout of furniture for best sitting and facing directions Put items in pairs in the room	Interior ideas for upstairs rooms	P25-26 and 45
Study	Layout of furniture to give strong Phoenix and Turtle Images that inspire and connect to personal interests Use earth colours with pop of fire colours Put bowl of water on windowsill with current intentions underneath	To make best use of upstairs rooms Interior ideas for upstairs rooms To build wealth for retirement and Feng Shui Cure	P22-P23 P46
Yoga Room	Rehang door to go out into corridor Use metal and stone accessories (metal for wealth and routines) Decorate in Metal and earth colours (metal for wealth and routines). Have a visible metal clock. Place yoga mat to look out of windows for clear vision Create a clear vision of the future, eg with a vision board in this room for vision of retirement. This year only – introduce water element eg salt water cure, bowl or water, water image or dark blue/black plant pots.	To make best use of upstairs rooms Building income for retirement and building healthy routines Feng Shui Cure	P27-30 P50

Summary of Key Findings and Recommendations

Room	Recommendations	Objectives	Page(s)
Guest Room	Decorate in Yin Earth and Water Colours Copper Bell	To make best use of upstairs rooms/Interior Ideas Feng Shui Cure	P20 P49
Bathroom	Use Metal Colours – eg metallic tiles, or grey decoration	Feng Shui Cures	P47
Winter Living Room	Use cosey blanks and plants. Bring wood colours (green) in from the East for example in cushions and plants. Boost Wood Energy with Four Luck Bamboos	Additional interiors ideas Feng Shui Cure	P30 P39
Living/ Kitchen/ Dining Room	Mirror on adjoining wall behind dining table Introduce a calendar and clock (water or wood elements) Connect the Wood and Metal Flying Stars using water. Introduce water element eg fish tank, bowl of water, salt water cure, hanging crystal, glass vase for flowers Use more water colours for accessories (black, white, deep blue) Water imagery – eg picture of beach or lake Boost the wood energy with 4 Lucky Bamboos	Increase chi flow for wealth Feng Shui Cures	P31 P40

Summary of Key Findings and Recommendations

Room	Recommendations	Objectives	Page(s)
Entrance Hall	Plant and mirror opposite base of stairs Decorate in central Earth colours Use nook under stairs for firewood Use front door more than back gate	Additional interior ideas Feng Shui Cure	P32 P41
Landing	Modern recessed strip lighting up stairs and on landing Fill area with chaise longue, small table, lamp, shade tolerant plants Decorate in central Earth Colours and use Metal plant pots. Include wood and fire elements (eg wood furniture and colourful pictures or flowers) Copper bell this year only	Interior ideas for upstairs Feng Shui Cures	P33 P48
Gardens	Tall planting in rear corner of back gardens Front garden plant in white, grey and green under windows and to left of drive Plant blossom trees Colour flowers in dark blue or black containers on right side of drive adjoining alley	Feng Shui Cures	P7 P35-36

Summary of Key Findings and Recommendations

Room	Recommendations	Objectives	Page(s)
Lifestyle for Health Routines	Water activities Meditation in West Yoga Room Journalling in West Yoga Room To Do Lists – Time Management Systems Write out morning routine for how to use yoga room	Build Healthy routines	P53
Lifestyle for Financial Success	In your meditations – meditate on why more money would be helpful. Build personal financial control systems (eg apps/spreadsheet) Pay yourself first – eg savings accounts, overpaying mortgage Write out retirement plan and steps to get there Journal ideas of your future life path Use vision boards and images of planned future Spend time in the West of the House (Yoga Room) and use metal colours and objects in this room. Put a green dragon in the window facing the nearest bank (jade or papier mache, not plastic) Increase general chi flow, as recommended throughout the report with sunlight, plants, water and stones.	To build enough money to retire early	P53

Thank you for your interest in Feng Shui.
I hope you have found your report helpful and interesting.

If you have any questions or need any further help, please do contact me:

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