The Five Elements

- Summer solstice
- Autumn equinox
- Spring equinox
- Winter solstice
The Five Elements

- **Summer Solstice** (FIRE)
- **Winter Solstice**
- **Spring Equinox** (WOOD)
- **Autumn Equinox** (METAL)
- **Winter Solstice** (WATER)

Center: **EARTH**
The Five Elements

- **Fire**
  - Summer
  - Midday
  - Outward

- **Wood**
  - Spring
  - Morning
  - Upward

- **Earth**
  - Late summer
  - Afternoon
  - Downward

- **Metal**
  - Autumn
  - Evening
  - Inward

- **Water**
  - Winter
  - Night
  - Multi direction
## The Five Elements

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Spring</td>
<td>Morning</td>
<td>WOOD</td>
<td>Up</td>
<td>Enthusiastic</td>
<td>New start</td>
<td>Confident</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Midday</td>
<td>FIRE</td>
<td>Outgoing</td>
<td>Social</td>
<td>Expressive</td>
<td>Reactive</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Upward</td>
<td></td>
<td>Settled</td>
<td>Practical</td>
<td>Adding quality</td>
<td>Realistic</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Content</td>
<td>Complete</td>
<td>Greater Inner strength</td>
<td>Satisfaction</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Objective</td>
<td>Perspective</td>
<td>Deep</td>
<td>Quiet</td>
<td></td>
</tr>
<tr>
<td>Summer</td>
<td>Midday</td>
<td>FIRE</td>
<td>Outgoing</td>
<td>Social</td>
<td>Expressive</td>
<td>Reactive</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Outward</td>
<td>EARTH</td>
<td>Settled</td>
<td>Practical</td>
<td>Adding quality</td>
<td>Realistic</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Content</td>
<td>Complete</td>
<td>Greater Inner strength</td>
<td>Satisfaction</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Objective</td>
<td>Perspective</td>
<td>Deep</td>
<td>Quiet</td>
<td></td>
</tr>
<tr>
<td>Late summer</td>
<td>Afternoon</td>
<td>EARTH</td>
<td>Downward</td>
<td>Practical</td>
<td>Adding quality</td>
<td>Realistic</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Content</td>
<td>Complete</td>
<td>Greater Inner strength</td>
<td>Satisfaction</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Objective</td>
<td>Perspective</td>
<td>Deep</td>
<td>Quiet</td>
<td></td>
</tr>
<tr>
<td>Autumn</td>
<td>Midday</td>
<td>METAL</td>
<td>Inward</td>
<td>Complete</td>
<td>Greater Inner strength</td>
<td>Satisfaction</td>
<td>Romantic</td>
</tr>
<tr>
<td></td>
<td>Evening</td>
<td></td>
<td>Content</td>
<td>Complete</td>
<td>Greater Inner strength</td>
<td>Satisfaction</td>
<td>Romantic</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Objective</td>
<td>Perspective</td>
<td>Deep</td>
<td>Quiet</td>
<td></td>
</tr>
<tr>
<td>Winter</td>
<td>Night</td>
<td>WATER</td>
<td>Multi direction</td>
<td>Perspective</td>
<td>Deep</td>
<td>Quiet</td>
<td>Sensual</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
FIVE FACES

1. Fire
2. Earth
3. Wood
4. Metal
5. Water
WOOD FACE
FIRE FACE
EARTH
FACE
METAL FACE
WATER FACE
FIVE FACES

Fire

Wood

Earth

Water

Metal
FIVE FACES RELATIONSHIPS

- Fire
- Wood
- Earth
- Metal
- Water

Soul mates
Harmony
Attraction
THREE TYPES OF RELATIONSHIP

SOUL MATES

HARMONIOUS

ATTRACTION
APPLICATIONS

Qi Gong
Shiatsu
Acupuncture
Chinese herbs
Feng Shui
Macrobiotics
Character readings
Astrology
Relationships
Simon Brown
www.chienergy.co.uk
simon@chienergy.co.uk

Secrets of Face Reading
Practical Art of Face Reading